



## 200 HOUR VIRTUAL YOGA TEACHER TRAINING

## REGISTRATION NOW OPEN!

## THE Y6 200 HOUR YTT IS A LAUNCHPAD FOR PERSONAL AND PROFESSIONAL GROWTH.

Gain knowledge in functional body alignment, anatomy, yoga history and philosophy, and how to lead a safe, fun, empowering class experience. While deepening your personal practice, you will also learn what it means to live yoga and have additional opportunities for growth in areas of your life beyond the mat.

## **SIGN UP BY 8/23 TO SAVE \$250!**

USE PROMO CODE "Virtual250" AT CHECKOUT

LEARN MORE

To sign up or learn more about the program, email teachertraining@yogasix.com.

