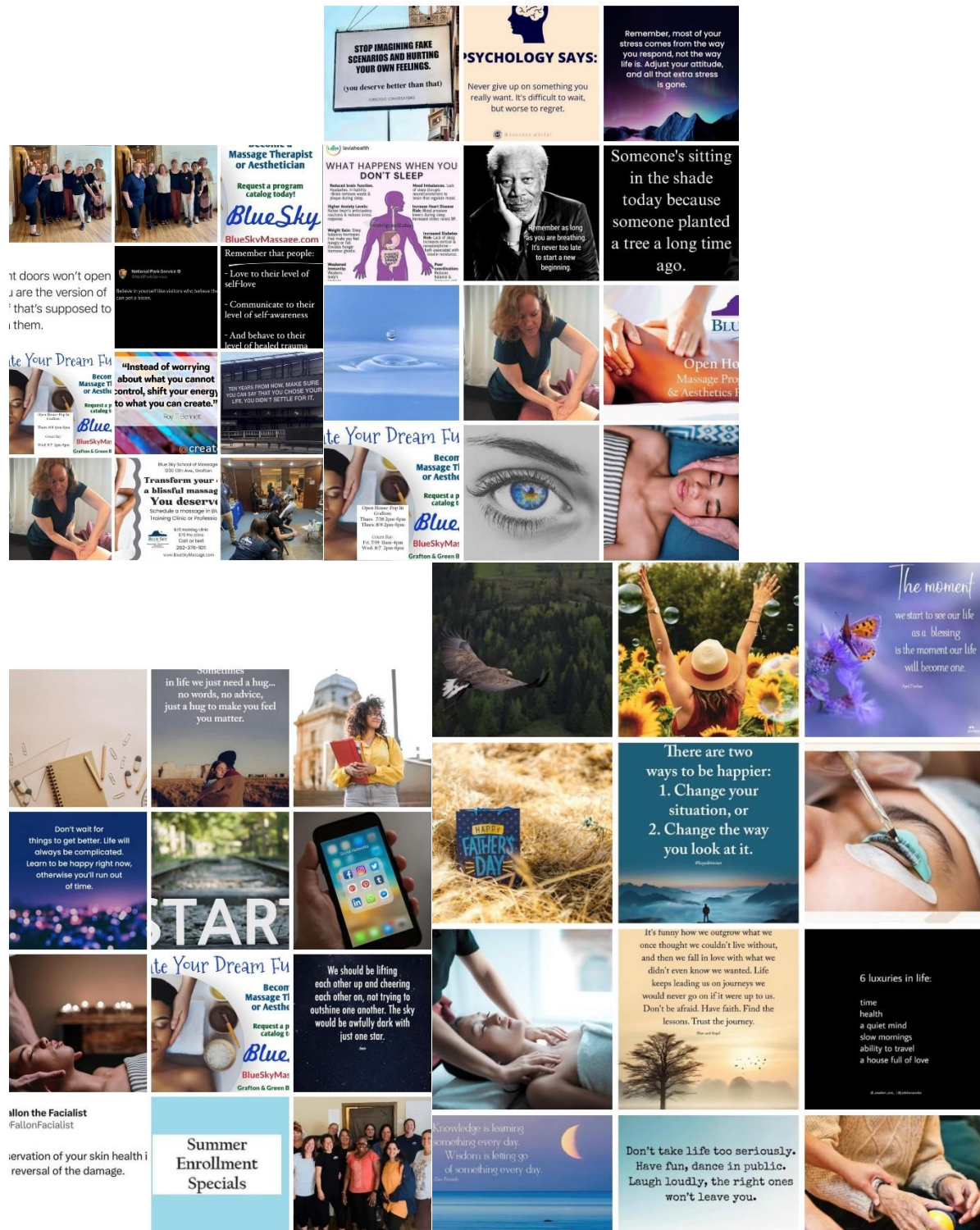


Facebook & Instagram 11/1/23-8/28/24



THE DALLAS AESTHETICIAN
@savannahbode

Whoever said money can't buy happiness clearly never had a facial

USE

Every little step, no matter how small, is creating a better version of yourself. I hope you cherish the progress you've made and warmly embrace your journey forward.

you've got a dream
u've got to protect it
when people can't
something themselves
they try & tell you
you can't do it.
you want something,
go get it. period.
THE PURSUIT OF HAPPINESS

Healing yourself is the greatest comeback.

Wed, June 16, 10am
or
Thu, June 17, 10am
ZOOM

To register go to our Facebook Events page and follow the event link.

Negativity,
It can only affect you if you're on the same frequency.

Vibrate Higher!

CLOSED FOR MEMORIAL DAY

We honor and remember.

everything gets uncomfortable when it's time to change. That's just a part of the growth process. Things will get better. Be patient.

MORNING SKINCARE IS TO PREVENT AND PROTECT.

EVENING SKINCARE IS TO REPAIR AND CORRECT.

Embrace your inner light let it guide your journey

SKINCARE RED FLAGS

- skipping SPF
- using homemade masks
- sleeping with makeup on
- "only oily skin type"
- "only skin doesn't need moisturizers"
- using too harsh exfoliators

[@skincare_mama](#)

Life.*

*Available for a limited time only. Limit one (1) per person. Subject to change without notice. Product "as is" and without any warranties. Nontransferable and is the sole responsibility of the recipient. May incur damages arising from use or misuse. Additional parts sold separately. Your mileage may vary. Subject to all applicable laws and taxes. Terms and conditions apply. Other restrictions apply.

Perfect skin doesn't exist, **HEALTHY SKIN** does.

-Janice

Super cheap skincare cost you more in the long run

#investinyourskin

The risk of trying is always better than the regret of not trying. Take the leap, make the move, and pursue your dreams. For in the end, it's not the chances we don't take that define us, but the

SELF CARE JOURNAL

When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us.

Suite 101 Blue Sky

Appointments Available

skin care isn't one size fits all

the journey even if you do not understand it.

Message appt in Grafton available with student Zach This Sunday May 5th, 1030am & 130pm Call or text 262-376-1011

DON'T GIVE UP BECAUSE ONE DAY YOU WILL TELL YOUR STORY OF HOW YOU OVERCAME WHAT YOU WENT THROUGH AND IT WILL BE SOMEONE ELSE'S SURVIVAL GUIDE.

"Without leaps of imagination or dreaming, we lose the excitement of possibilities. Dreaming, after all, is a form of planning."
- Gloria Steinem

HELLO MAY

The more you feed your mind with positive thoughts, the more amazing things take root and happen. This is because you attract what you think about most.

Give the Perfect Gift

Happy Mother's Day

FOR YOU

Blue Sky
School of Professional Massage & Therapeutic Bodywork

INSPIRE OTHERS
AESTHETICS INSTRUCTORS WANTED

Send your resume to: ECrowley@bluesky7massage.com

GREEN BAY & GRAFTON

WE ARE HIRING
AESTHETICS INSTRUCTORS

Send your CV to: ECrowley@bluesky7massage.com

GREEN BAY & GRAFTON

Thank you

STEREOPHONIC HARRISON

- To be energetic — rest.
- To be productive — take breaks.
- To be innovative — play.
- To be resilient — lean on others.
- To be hopeful — acknowledge pain.
- To be disciplined — be kind to yourself.
- To be successful — follow your heart.
- To be loved — focus on loving.
- To be happy — help others be happy.

I am in the right place at the right time, doing the right thing.

LOUISE HAY

Preserve and cherish the pale blue dot, the only home we've ever known.

Carl Sagan



Blue Sky MASSAGE & AESTHETICS EXPO

Discover the future of wellness at Blue Sky's Massage & Aesthetics Expo - Connect, Grow, and Thrive!

Open to all LMT's or those exploring a future as a LMT.

February 14th - 15th

10am - 5pm

10000 Lakeshore Blvd. W. Suite 1000 Burnaby, BC V5A 1K6

Free admission

Exhibitors: Massage therapists, Estheticians, and more!

Never give up on something you really want. It's difficult to wait, but it's more difficult to regret.



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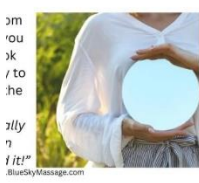
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Invest in your mind.
Invest in your health.
Invest in yourself.



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"If you want something you have never had, then you need to do things you have never done"



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DO NOT LET THE BEHAVIOR OF OTHERS DESTROY YOUR INNER PEACE

Cheryl Lerner



Blue Sky

Investment Program

HEALTH & WELLNESS FAIR

FREE PUBLIC EVENT

SBARBIT Acupuncture & Massage
Acupuncture Blue Sky Massage
Electric Avenue Blue Sky Massage
The Natural Place Blue Sky Massage
Chiropractic Massage Blue Sky Massage
Shooting Rainbows Blue Sky Massage
Blue Sky Massage Blue Sky Massage
Blue Sky Massage Blue Sky Massage
Blue Sky Massage Blue Sky Massage

LOCATION: INVENTORS BREWPUB
10111 WEST HURON ST. VANCOUVER BC V6P 6E9

SATURDAY MARCH 30
10:00 AM - 2:00 PM

Free admission

When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one which has been opened for us.

Walt Whitman



Yesterday is for remembering. Tomorrow is for dreaming. But today is for enjoying every moment that it's here.

People inspire you or they drain you. Pick them wisely.



Enroll now and start your journey!

www.BlueSkyMassage.com

Massage programs & an aesthetics program starting in April

Griffith & Green Bay



MASSAGE & AESTHETICS EXPO

COME DISCOVER THE FUTURE OF WELLNESS

Massage & Aesthetics

Connect * Grow * Thrive



ENROL SPRING

Touch The Best

Massage Therapist

www.BlueSkyGrafton.com



MASSAGE & AESTHETICS EXPO

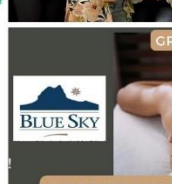
Discover the future of wellness at Blue Sky's Massage & Aesthetics Expo. Connect, Grow, and Thrive!

Open to all! Let's see these exciting things in action!

Blue Sky's Expo is FREE!

Blue Sky's Expo is FREE!

Blue Sky's Expo is FREE!



MASSAGE & AESTHETICS EXPO

COME DISCOVER THE FUTURE OF WELLNESS

Massage & Aesthetics

Connect * Grow * Thrive

MASSAGE & AESTHETICS EXPO

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Blue Sky's Expo is FREE!

NOW FOR A BRIGHTER

Massage Therapy or Aesthetics/Skin

ATTEND AN OPEN HOUSE

www.BlueSkyMassage.com

Realize Your Dream

Massage Therapy or Aesthetics/Skin

Request a catalog

Blue Sky

BlueSkyMat

Grafton & Green B

Realize Your Dream

Massage Therapy or Aesthetics/Skin

Request a catalog

Blue Sky

BlueSkyMat

Grafton & Green B



Are You Ready to become an Aesthetician?

ENROLL NOW FOR AN EXCITING COURSE!

Build the foundation for your career in the beauty industry.

www.BlueSky.com

MASSAGE & AESTHETICS EXPO

Discover the future of wellness at Blue Sky's Massage & Aesthetics Expo. Connect, Grow, and Thrive!

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Blue Sky's Expo is FREE!

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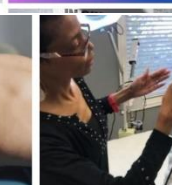
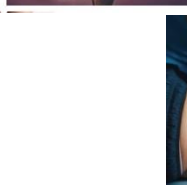
You can't always have a good day. But you can always face a bad day with a good attitude.

MASSAGE & AESTHETICS EXPO

COME DISCOVER THE FUTURE OF WELLNESS

Massage & Aesthetics

Connect * Grow * Thrive



MASSAGE & AESTHETICS EXPO

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Open to all! Let's see these exciting things in action!

Blue Sky's Expo is FREE!

Blue Sky's Expo is FREE!

Blue Sky's Expo is FREE!

IN SIX MONTHS YOU WILL HAVE SIX MONTHS OF EXCUSES, OR SIX MONTHS OF PROGRESS. THE CHOICE IS YOURS.

When you say no to someone and they get upset, it doesn't mean you should have said yes.

GET A MASSAGE

Book your massage this week and make this Valentine's Week truly special!

Because self care is the best kind of love!

EXPERIMENTS AVAILABLE IN GRAFTON & GREEN BAY

blueskymassage.com | 262-376-1011

Happy Valentine's Day!

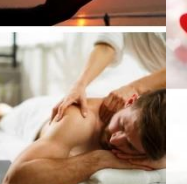
Massage Available This Valentine's Week Student Training Clinic

\$45 Reg
\$20 Blue Sky Alumni

Grafton:
Wed 4:00pm - 7:30pm
Thurs 9:00am - 11am, 12:00pm - 3:00pm
Fri 10am - 1pm

Green Bay:
Tue 10am - 11:30am, 6:00pm - 7pm
Wed 10:00am - 11:00am, 1:00pm - 3:00pm
Fri 10am - 1pm

Call or text 262-376-1011



Health does not always come from medicine. Most of the time it comes from peace of mind, peace in heart, peace of soul. It comes from laughter and love.



Realize Your Dream

Massage Therapy or Aesthetics/Skin

Request a catalog

Blue Sky

BlueSkyMat

Grafton & Green B



Create Your Dream

Massage Therapy or Aesthetics/Skin

Request a catalog

Blue Sky

BlueSkyMat

Grafton & Green B



Difficult roads often lead to beautiful destinations.

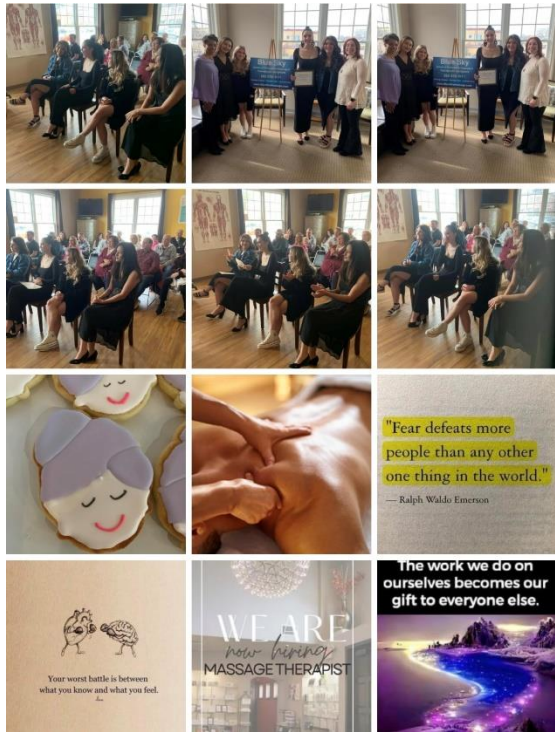
Massage & Aesthetics Program Open House

Massage & Aesthetics Program Open House

Massage & Aesthetics Program Open House

Massage & Aesthetics Program Open House

Massage & Aesthetics Program Open House



"Fear defeats more people than any other one thing in the world."
— Ralph Waldo Emerson

I AM NOT WHO I WAS A YEAR AGO AND THAT BRINGS ME SO MUCH PEACE

Speak negatively at yourself, even as a job nobody doesn't know. Words are the best spells, that's why spelling. Change the way you think about yourself and you can change your life.

To strengthen the muscles of your heart, the best exercise is lifting someone else's spirit whenever you can.
— Doa Imsky

"Life is not about finding yourself. Life is about creating yourself."
— George Bernard Shaw

our nervous system will naturally feel calm around people with pure intentions and authentic energy - trust it.

CHANGE IS DAUNTING BUT YOU ARE BRAVE ENOUGH.

Sky nars

ENROLLING NOW! SPRING TERM!
Learn more about our Spring Aesthetics/Skincare Program

Your worst battle is between what you know and what you feel.

WE ARE now hiring MASSAGE THERAPIST

The work we do on ourselves becomes our gift to everyone else.

Wellness special
SERVICES: Body Massage, Facial, Back/Facial, Hair removal, Lash/Brow tint.
Schedule a student training clinic massage & get 50% off an aesthetic service!
Call or text: 603-295-0321
www.BlueSkyWellness.com

ARE YOU READY FOR YOUR NEXT EVOLUTION?

Special Offer
Facial Treatment And Body Massage
Grafton & Green Bay
Schedule a Massage & Coupon for: Relaxation, Lash/Brow tint

OBSERVE IT, DON'T ABSORB IT

Surround yourself with people who will feed you when your heart needs nourishment, love you when you feel unworthy, and believe in you even though you're not perfect.

EACH DAY YOU CHOOSE TO Sow SEEDS OF KINDNESS, LOVE, AND HOPE. YOU MAKING AN IMPACT AND IT MATTERS. EVEN IF IT'S SMALL, IT ADDS UP, AND IT MATTERS.



THE YOUR BIG MUSCLES A MASSAGE
GREEN BAY 5-1011
SKYRASSAGE.COM



One day you will look back and realize that you worried too much about things that don't really matter.

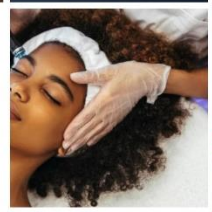
Blue Sky SCHOOL OF PROFESSIONAL MASSAGE & THERAPEUTIC BODYWORK
Massage Therapy Program

JOB OPENING
PART-TIME WELLNESS STORE ASSOCIATE & E-COMMERCE

10 things that take 0 talent, but will get you 100% respect



Your soul is guiding you to a beautiful life right now.



Remember, most of your stress comes from the way you respond, not the way life is. Adjust your attitude, and all that extra stress is gone.



Blue Sky Grafton & Green Bay
Sore Muscles from Shoveling?

ENROLLING NOW!
Become a Aesthetics/Skin Care Student
Learn the latest advanced techniques at Blue Sky Aesthetics in Grafton/Green Bay
Make Your Beauty Ambitions a Reality



Blue Sky Aesthetics/Skin Care

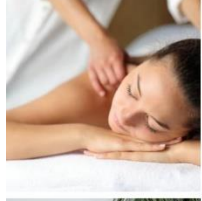




Neurologist claim that every time you resist negative emotions and choose positive ones, you are actually rewiring your brain to be more positive and loving.



Today is the last chance to purchase a



IT'S OKAY TO TAKE A BREAK



Tick Tock Time is running out

WISHING YOU A PROSPEROUS NEW YEAR

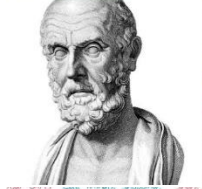


Holidays HOURS
New Year
Sat. 12/30 - Mon. 1/1
Closed
Tuesday 1/2/24
Open Regular Hours

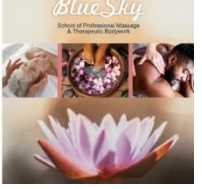


en Bay - last chance to purchase a gift card onside Dec 20th until 7pm

Jet van Wijk @jetvanwijk
... months from now, you will have three months of extra three months of progress. up to you.



DO NOT LET THE BEHAVIOR OF OTHERS DESTROY YOUR INNER PEACE
- Thich Nhat Hanh



Blue Sky
Holiday Event
Sunday December 17th
10am - 2pm
1400 12th Ave. Coquitlam



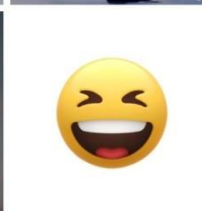
Blue Sky
Holiday Event
Sunday December 17th
10am - 2pm
1400 12th Ave. Coquitlam



Knowledge is learning something every day.
Wisdom is letting go of something every day.
- Lao Tzu

Massage
it's about being good for yourself

Don't let yesterday take up too much of today.
- Will Rogers



"NOTHING IS IMPOSSIBLE. THE WORD ITSELF SAYS 'I'M POSSIBLE!'"
- AUDREY HEPBURN

Your Gifts Last Minute Shopping! *Sincerely*
Blue Sky
Holiday Event
Sunday December 17th
10am - 2pm
1400 12th Ave. Coquitlam



"It is often the small steps, not the giant leaps, that bring about the most lasting change."
HRM QUEEN ELIZABETH II

Texting to/from 262-376-1011
Items out of order please call or em

Get your kids to school and schedule yourself a Massage



Take the risk or lose the chance.

greatest obstacle to your success is

Right Minded People Suite 102
Welcome



Someone BUSIER than you is getting a Massage right now

LET US KNOW!

Think positive thoughts. Don't allow negative influences to steal your joy. Always remember, life is 10% what happens to you and 90% percent how you respond.

Get Your Holiday Shopping Done at Blue Sky!

Blue Sky Holiday Event

Sunday December 17th 10am - 2pm

Massage Chair, Massage Oil, Massage Table

Get Your Holiday Shopping Done at Blue Sky!

Blue Sky Holiday Event

Sunday December 17th 10am - 2pm

Massage Chair, Massage Oil, Massage Table



Get a
MASSAGE
For the Health

Closed Thursday 11/23
and Friday 11/24 to
observe the
Thanksgiving holiday.

Gratitude makes sense
of our past,
brings peace for today
and creates a vision
for tomorrow.

Do not
underestimate the
power of
Massage



EDUCATION IS ONE
THING NO ONE CAN
TAKE AWAY FROM YOU.
-Elin Nordegren

“
Education is
the most **POWERFUL**
WEAPON
which *you* can use
to *change*
the **WORLD**.
”



Difficult roads often lead to
beautiful destinations.