



tosa yoga
CENTER

FREE INFORMATIONAL TEACHER TRAINING Q&A SESSION

with Melanie

Sunday, October 8th, 4 - 5pm

Are you interested in Tosa Yoga's Teacher Training Program, but want to know more? Melanie will be holding a **FREE** Informational Q&A Session about our program.

We will provide information and answer any questions about:

- program material,
- expectations for practice and homework,
- time commitment,
- what it can mean for your personal wellness journey,
- and more!

Please feel free to sign up if you are curious!

Register at TosaYoga.com Click Workshops & Events