



# TOSA YOGA CENTER TEACHER TRAINING PROGRAM 200 HOUR LEVEL

**We are now accepting applications for our 2024 program!**

The Tosa Yoga Center Teacher Training Program is open to all students who wish to become yoga teachers or seek to deepen their own yoga practice and journey. Our 2024 program runs from January 6th, 2024 to October 20th, 2024. Applications are due by December 1st, 2023.

**Download your School Catalog at [tosayoga.com/teacher-training](https://tosayoga.com/teacher-training) to learn more.**

The program outline, payment options, curriculum and syllabus, required and recommended reading, and application are all found here.

**More questions? Visit [tosayoga.com/teacher-training](https://tosayoga.com/teacher-training) or email [Melanie@tosayoga.com](mailto:Melanie@tosayoga.com)**



**tosa yoga**  
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