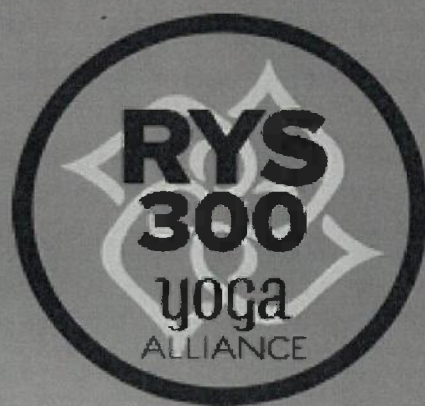


# YOGA TEACHER TRAINING

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*The day came when the risk it took to remain tight inside the bud  
was more painful than the risk it took to blossom*

*Anais Nin*



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