

Teach Yoga!

**2023/2024 TEACHER TRAINING NOW
OPEN FOR APPLICATIONS!**

TEACHING VINYASA YOGA 100 HOUR MODULE

Four weekends in the Fall of 2023:

October 6, 7, 8
October 20, 21, 22
November 3, 4, 5
November 17, 18, 19

Weekend Schedule:
Friday 4pm – 8pm
Saturday 8am – 4:30pm
Sunday 8am – 4:30pm

Cost: \$1900

TEACHING HOT 26 YOGA 100 HOUR MODULE

Four weekends in the Winter of 2024:

January 12, 13, 14
January 26, 27, 28
February 9, 10, 11
February 23, 24, 25

Weekend Schedule:
Friday 4pm – 8pm
Saturday 8am – 4:30pm
Sunday 8am – 4:30pm

Cost: \$1900

Sign up and pay for both at the same time and save \$200!
HYM Unlimited Members save an additional 10%

Whether you're looking to become a teacher or just want to dive a little deeper into the practice of yoga, talk to us at the front desk or head to the Teacher Training section of our website to learn more and apply.

**Join us on this transformative journey of self-discovery
and exploration through the power of yoga.**

