



Congratulations!

I am excited to welcome you to the YogaOne 200 Hour Yoga Teacher Training Program. As we prepare for our journey together I have put together some helpful information to get you started.

- **Purchase your required books**

Teaching Yoga; Essential Foundations and Techniques by Mark Stephens

The Heart of Yoga by T.K.V. Desikachar

Functional Anatomy of Yoga: A Guide for Practitioners and Teachers by David Keil

InYour Elements: A Blooming Ayurvedic Guide to Creating Your Best Life by Monica Bloom

- **Please begin reading Mark Stephens book, Chapter 1-2**

- **Tuition Payment**

There is a 3% Tuition Discount for payments made with cash or check

If paying by credit card, please let us know and we will send you a PayPal invoice

We offer four payment options:

Choice 1 – Register before March 15th - Pay full amount (\$3,000)

The \$100 application fee will be applied to the tuition payment. The remaining \$2,900 is due by March 31, 2017 **Total payment \$3,000**

Choice 2 – Register after March 15th - Pay full amount (\$3,500)

The \$100 application fee will be applied to the tuition payment. The remaining \$2,900 is due by the first day of training. **Total payment: \$3,500**

Choice 3 – Two payment option. There is a \$100 fee for this option.

The \$100 application fee will be applied to the tuition payment. Pay \$1750 before or on your first day of training. Pay \$1750 by June 23, 2017. **Total payment : \$3,600**

Choice 4 – Four payment option. There is a \$150 fee for this option.

The \$100 application fee will be applied to the tuition payment. Pay \$887.50 on our first day of training, \$887.50 due by May 5, \$887.50 due by July 7, and final \$887.50 August 25, 2017.

Total payment \$3650.