

Nomaste Yoga Presents

YOGA TEACHER TRAINING

200 Hour Certification

Sept. 2018 - Feb. 2019



www.nomaste.yoga/teacher-training

Deepen your practice and get certified to teach Vinyasa Yoga! Lead by Liz Langer this transformative program is geared towards giving our students a broad foundation in the study of yoga along with the knowledge to apply this study to their practice and teaching. Come as you are and expect to learn & grow!

Class is held at:

The Yoga Loft
721 Cardinal Lane
Green Bay, Wisconsin



Questions?

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NOMASTE
YOGA & NUTRITION

