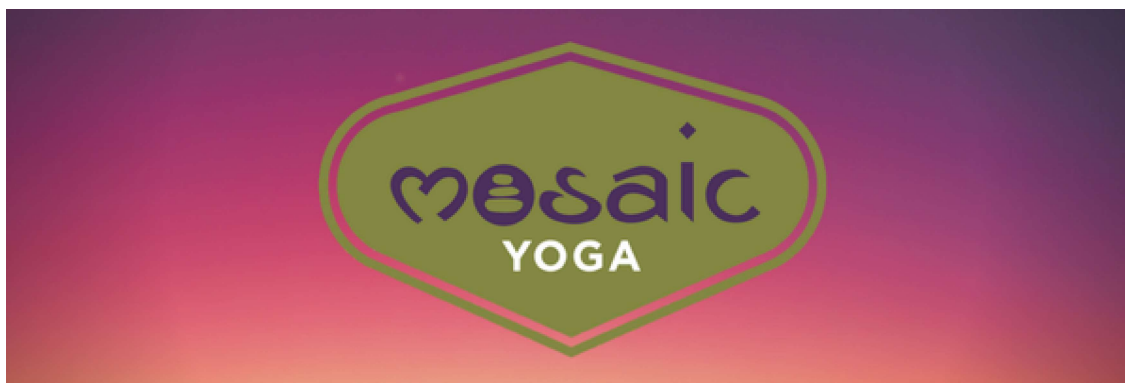


Yoga Teacher Training and Master Practitioner Programs start September

1 message

Rebecca <rebecca@mosaicwellness.net>
 Reply-To: Rebecca <rebecca@mosaicwellness.net>
 To: rebecca@mosaicwellness.net

Fri, Aug 24, 2018 at 1:19 PM



Teach what you Love. Love that you Teach.

Ever thought of becoming a yoga teacher? Want to deepen your self-practice and knowledge of the profound sciences of Yoga and Ayurveda? Come to the studio for a casual Informational meeting to find out about our 200hr Yoga Alliance approved Certified Yoga Teacher Training programs at Mosaic Wellness & Yoga Studio. Fall session starts September 7th and will be held one intensive weekend per month. We will go over the program offerings, details and what you can expect from the training. Mosaic is proud to be an affiliate training center for the esteemed Moksha Yoga of Chicago.



...not sure you want to teach yoga, but want to commit to deepening your own practice? Check out the...

95-hour Master Yoga Practitioner Program

Created from our same Yoga Teacher Training Curriculum, are are proud to

announce the area's first 95 hour Master Yoga Practitioner Program. This course is for people who want to learn more about yoga but don't plan to teach it. Classes will be held one Saturday per month. You will learn in detail about yoga asana (poses), pranayama (breathwork), Ayurveda, meditation, yoga history & philosophy and be supported and encouraged to developing your path to self-discovery.



Our Yoga Alliance approved YTT program was created with the desire to share the blended wisdom of yoga and Ayurveda. This program is for aspiring yoga teachers as well as those looking to deepen their yogic knowledge.



is an affiliate training center of



Free Info Sessions

Find out more about our 200hr Certified Yoga Teacher Training OR our 95-hour Master Yoga Practitioner Programs at one of our upcoming IN PERSON session **Sunday 8/26 @ 11am**

OR

ONLINE session with Zoom on **Monday, 8/27 @ 8pm**

- Join from PC, Mac, Linux, iOS or Android:

<https://zoom.us/j/868704538>

Please RSVP to Rebecca at rebecca@mosaicwellness.net or call if you can't make an info session to find out more 262-251-9642. You can also view our catalog and get an application [HERE](#).

Our mailing address is:

Mosaic Wellness

[W156N11482 Pilgrim Rd](#)

[Germantown, Wisconsin 53022](#)

[Add us to your address book](#)

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