

MIDWEST POWER

YOGA

200 HOUR YOGA TEACHER TRAINING

Explore the journey of discovery!

Prepare yourself mind, body, and spirit! Awaken your inner teacher.

The best time for new beginnings is now!

Begins April 22, 2019!

Apply today!!

More information available:



www.midwestpoweryoga.com/ytt

make yourself happy. this is your responsibility.
give up what others think.
they have their own lessons.
don't try to be most important.
there is no hierarchy in humanity.
cherish your body.
practice your bliss.
choose your beliefs.
be still. be present.
breathe deeply. begin *anywhere*.



#mpyytt200

April - October 2019

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Apply BEFORE March 1:
\$2400

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