

# Midwest Maternal Child Institute



Beginning  
September  
2018

*A labor of love...*

## Maternal Child Health Specialist Programs

Approved by the Wisconsin Educational Approval Program (EAP)

Associate Degree Program    One-Year Diploma Program

The Midwest Maternal Child Institute offers an Associate Degree and a One-Year Diploma that prepares students to become Maternal Child Health Specialists. These programs, offered in Milwaukee, WI are ideal for those seeking advanced knowledge in labor support, postpartum support, breastfeeding education and maternal child case management. Maternal Child Health Specialists work as part of a team of professional staff that includes midwives and other health professionals, social workers and others.

**Graduates of the MC Health Specialist Program will be qualified to work as:**

- Birth Assistants
- Professional Doulas with high level skills
- Breastfeeding Counselors
- Maternal Child Case Managers

**AND gain a greater understanding of maternal child health that will enhance your career in:**

- Public Health
- Social Work
- Birth Justice
- Women/Gender Studies

**MMCI's MC Health Specialist Program is specifically designed to meet the needs of adult learners.**

The program consists of 32 learning modules and four labs taught by experienced educators and providers who specialize in the module's content. Students attend class one weekend each month over the course of 13 months and immerse themselves in the fundamental theories, science, ethical considerations, and wisdom students need to practice professionally. MMCI's curriculum is designed to promote leadership and independence, teaching students the skills they need to advance to the next phase in their birth professional careers.



**Make a difference.** *Because we recognize that many areas are underserved in maternal child health, MMCI especially seeks students who want to work with populations that have few options for maternity care.*

## Mary Sommers MPS, CPM: The Face of MMCI

### MMCI Academic Affairs Director, Lead Instructor-MC Health Specialist Program

Mary Sommers is a Certified Professional Midwife licensed in Wisconsin, and holds a Master's Degree in Public Service from DePaul University. She is the founder and Academic Affairs Director of the Midwest Maternal Child Institute (MMCI), and the Birth Center Director of Clinical Operations at PCC Wellness Community Health Center, the first free-standing birth center in Illinois. Sommers has attended more than 1,000 births in the US, Mexico and Africa, and was a World Health Organization fellow studying in the Netherlands and England. She is the author of *More Than a Midwife: Stories of Grace, Glory, and Motherhood* and *The Doula Handbook*, and is featured in the book, *Bright Lights of the Second City: 50 Prominent Chicagoans on Living with Passion and Purpose* by Betsy Storm.



More information about the program and tuition cost: [Midwest Maternal Child Institute](http://mmcinst.com)

## SAMPLE MATERNAL CHILD HEALTH SPECIALIST CURRICULUM

### Month 1

*Module 1:* History and Ethics of Childbirth, Midwifery and Healers

*Module 2:* Genetics and Fetal Development

*Module 3:* Medical Terminology

*Module 4:* Reproductive Anatomy and Physiology

### Month 2

*Module 5:* Antepartum Discomforts and Remedies

*Module 6:* Lab Work for the Childbearing Year

*Module 7:* Antepartum Care & Risk Screening

Lab 1

### Month 3

*Module 8:* Perinatal Nutrition

*Module 9:* Herbs for the Childbearing Year and Beyond

*Module 10:* Alternative therapies for Childbearing Year

*Module 11:* Cultural Competency for Birth Workers

### Month 4

*Module 12:* Advanced Labor Support Skills

*Module 13:* Intrapartum Basics

Lab 2

### Month 5

*Module 14:* Postpartum Support and Risk Screening

*Module 15:* Postpartum Physical Assessment

*Module 16:* Newborn Basic Skills and Risk Screening

Lab 3

*Module 17:* Lactation Education, Risk Assessment and Counseling

### Month 6

*Module 18:* Advanced Prenatal Care

Lab 4

*Module 19:* Counseling Issues in the Childbearing Year:

Trauma, Informed Care & Identifying Health Needs

*Module 20:* Maternal Diseases in Pregnancy

### Month 7

*Module 21:* Emergency Birth Skills and Out-of-Hospital Birth

*Module 22:* Neonatal Resuscitation

### Month 8

*Module 23:* Topics in Infant Development

*Module 24:* Topics in Mothering, Family and Intergenerational Relationships & Motherhood and Ecology

### Month 9

*Module 25:* Well Woman Care and Human Sexuality

*Module 26:* Family Planning

### Month 10

*Module 27:* Health Disparities and Community, Public and Global Health

*Module 28:* Assessments, Protocols and Documenting

*Module 29:* Case Studies in Maternal Child Health

### Month 11

*Module 30:* Statistics and Studies in Maternal Child Health

*Module 31:* Interpreting and Evaluating Research:

Presentation of Papers

### Month 12

*Module 32:* Microbiology Basics for Birth Workers (Chicago location)

### Month 13

Final exam module

**Midwest Maternal Child Institute** <http://mmcinst.com> [MidwestMaternalChild@gmail.com](mailto:MidwestMaternalChild@gmail.com) 920.350.5856

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