

Midwest College

of
Oriental Medicine



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History of the Midwest College of Oriental Medicine

The Midwest College was founded in 1979, making it one of the oldest schools of Acupuncture and Oriental Medicine in America. Since then, faculty and student interns have contributed to community service at Cook County Hospital, for the Pontifical Order of the Sisters of St. Francis of Assisi in Milwaukee, and at the Chicago AIDS Alternative Health Project.

Graduates of our programs work in hospitals, medical groups, and in private practice. They are on the faculty of other schools, the boards of professional associations, state and national agencies, and are on the staff of hospitals across the country.

Since 1986, college administrators and faculty have participated in local and national organizations, including the Council of Colleges of Acupuncture and Oriental Medicine. The College has been accredited since 1987.

The Midwest College has conducted foreign internship trips to China for over twenty years. Students have gained clinical experience at Chinese medical hospitals all over China, including Beijing, Chengdu, Shenzhen, Nanjing, and Guangzhou. In 1996, the Midwest College became formally affiliated with the Guangzhou University of Chinese Medicine.

The College continues to collaborate with leaders of Traditional Chinese Medicine (TCM) education to assure that our programs follow the true principles of TCM theory, while keeping up to date with the current clinical practice of Chinese Medicine. The College's goal is to retain the traditional principles and attitudes from times past, that still draws patients to this medicine today; a medicine that values the spirit and heart as it heals the body.

The background of the page is a light blue-grey color, overlaid with a traditional Chinese decorative pattern. This pattern consists of stylized, colorful floral motifs (including orange, yellow, and green blossoms) and swirling, wave-like lines in shades of green and blue. On the left and right sides of the page, there are vertical columns of large, bold Chinese calligraphy in black ink. The calligraphy on the left reads '裝子能消除' (Zhuangzi neng xiao chu) and the calligraphy on the right reads '家庭如君需' (Jia ting ru jun xu).

Mission

It is the Midwest College's mission to provide an education that is rooted in the historical context and teachings of traditional Chinese Medicine and combine it with modern clinical applications to create a practitioner of Acupuncture or Oriental Medicine that embraces the spirit of "ancient medicine for modern times".

Purpose

The combination of Eastern and Western science, together with an appreciation of the natural healing philosophies of Asia, leads to the development of the qualities that are the "Heart of Chinese Medicine". With this foundation, graduates will become true practitioners of Oriental healing. The subtle balance of clinical science and compassion is the key to a successful practice.

The Acupuncture Program is modeled on the modern eight-principle style, currently taught at TCM Universities in China. Combined with the biomedicine courses, it prepares graduates to practice "Classic Chinese Medicine" using acupuncture, moxibustion, and other accessory modalities. The curriculum in the Oriental Medicine program includes a distinctive course of study in areas of food and herb therapy that are fundamental to traditional Oriental Medicine. Baccalaureate study in nutrition within the Oriental Medicine program leads to a simultaneously granted Bachelor of Science degree in Nutrition and a Master of Science degree in Oriental Medicine.

To meet the needs of students, the Midwest College affirms its commitment to educate broadly informed, ethically responsible, and scientifically competent professionals by offering the highest accredited entry-level degree in the field. To meet the needs of a community that is increasingly aware of the importance of nutrition and herb therapy, the Oriental Medicine program combines TCM theory with principles of nutrition.

Students from across the U.S. and several foreign countries have entered our programs. The average age of students is 36 years old, and students have a wide range of educational backgrounds and work experience. The Midwest College seeks a diverse student population and encourages anyone interested in Oriental Medicine, with the appropriate prerequisites, to consider a career in Traditional Chinese Medicine.

After completing their program, graduates have the full range of knowledge, competencies, and skills necessary to begin a successful practice and meet the healthcare demands of the 21st century. These demands will result in new advances in TCM and new ways that traditional medicine can be used to meet today's healthcare problems.

Our Vision of Chinese Medicine

Diagnosis in Chinese Medicine has always consisted of two levels of differentiation: a disease differentiation (bian bing) and a syndrome differentiation (bian zheng). In modern times, there has been a shift away from the energetic model of syndrome differentiation to an emphasis on biomedical disease-based treatment.

The ancient practice of Chinese Medicine has seven different methods of syndrome differentiation, plus an eighth for acupuncture only. In order to support our mission of combining historical and modern models of health and disease, the Midwest College includes all eight models of syndrome differentiation in our curriculum.

1. Differentiation according to cause / seven emotions / six evils / diet (san yin bian zheng)
2. Differentiation by Eight Principles (ba gang bian zheng)
3. Differentiation according to the Zang Fu (zang fu bian zheng)
4. Differentiation according to Six Channels (liu jing bian zheng)
5. Differentiation by Qi & Blood / Wen Bing (wei qi ying xue bian zheng)
6. Differentiation by Qi, Blood & Fluids (qi xue jinye bian zheng)
7. Differentiation according to the San Jiao (san jiao bian zheng)
8. Differentiation by Channels & Collaterals / acupuncture (jing luo bian zheng)

The Midwest College maintains the historical context of traditional medicine by not discarding the full range of energetic syndromes in favor of an unbalanced focus on the modern biomedical disease name. The old saying "Same disease different treatment" shows why this multifaceted approach is so important.

In Traditional Chinese Medicine, this multifaceted approach has always supported the highest level of care. The goal is to have the patient become so internally strong and adaptive to stress that they are capable of preventing many health problems before they occur, or resolving them at the earliest onset. Resilience is a significant aspect of vibrant health that can be promoted through the use of traditional Chinese Medicine, modern nutraceutical supplements, and lifestyle counseling.

The sages of Chinese philosophy pointed out that human life must ultimately follow the flow of the Tao, our journey from birth to death.

Students at the Midwest College provide comprehensive TCM care across the stages of life. They treat the presenting complaint while adjusting the underlying energetic flow to build health and improve the quality of life.



Location and Resources

Racine Campus

The Midwest College's Racine campus and administrative offices are located in southeastern Wisconsin, between Milwaukee and Chicago, offering a combination of city and country lifestyle.

Students relocating from other parts of the country will find that in southeastern Wisconsin the cost of living is affordable. You can find an apartment or home at a fair price. Racine is also a very good place to find work. If you are looking for a peaceful place in which to pursue your studies, please come and visit.

Evanston Campus

The campus in Evanston is located seven miles north of Chicago near Northwestern University, a few blocks west of Lake Michigan. Take the purple line "El" train and exit at Davis St. Students who choose to relocate to Evanston will find the cost of living reasonable for a city with such a large number of cultural and entertainment venues.

Visit [**www.acupuncture.edu**](http://www.acupuncture.edu) for on-line links to local tourist and cultural sites.

Accreditation and State Licensing

The Midwest College of Oriental Medicine Racine campus and the Midwest College of Oriental Medicine Evanston Campus are institutionally accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) which is the recognized accrediting agency for freestanding institutions and colleges of Acupuncture or Oriental medicine that offer such programs. The Acupuncture Certificate Program and the Master of Science in Oriental Medicine Program, at both the Racine and Chicago campuses, are accredited under Master's Degree standards by ACAOM.

Accreditation Commission for Acupuncture and Oriental Medicine

8941 Aztec Drive Eden Prairie, MN 55347

Phone: (952) 212-2434 Fax: (301) 313-0912

The school is approved by the State of Wisconsin Educational Approval Board and the State of Illinois Board of Higher Education. Documentation and information relating to the accreditation, approval, and licensing of the school or its programs is available in Racine during business hours, or call 800.593.2320.

Students should check the scope of practice of any state they may want to license in when choosing the Acupuncture or Oriental Medicine Program.

Wisconsin Department of Regulation and Licensing

1400 East Washington Ave. #112, Madison, WI 62786 608.266.2112

Illinois Department of Financial and Professional Regulation

320 West Washington 3rd floor, Springfield, IL 62701 217.785.0800



The Acupuncture and Oriental Medicine Programs

The College's programs combine rigorous academic course work with broad clinical experiences, leading to either a Master's level Acupuncture certificate or a Master of Science degree in Oriental Medicine combined with a Bachelor of Science degree in Nutrition.

Education focuses on the "Zang Fu" system of physiology, pathology, diagnosis and treatment strategy. This is the style taught today at Universities of Chinese Medicine and practiced in their affiliated teaching hospitals .

In addition to acupuncture, students in the Oriental Medicine program study traditional herbs and formulas, as well as nutrition and Chinese food therapy. They are introduced to new clinical protocols, based firmly upon the principles of TCM, that combine nutraceutical supplements with herbal formulas. Students also learn which foods to recommend and which to avoid based upon the TCM pattern and presenting complaint.

Minimum completion time for the Acupuncture program is 30 months (3.5 academic years) and the Oriental Medicine program is 36 months (4 academic years). To complete in the minimum time frame, students must attend classes on Saturday and a minimum of two evenings per week. The maximum time to complete the Acupuncture program is 45 months and the Oriental Medicine program is 54 months. Students meet with an advisor if their rate of completion falls below these standards.

The Midwest College's student clinics provide a variety of unique clinical settings where interns experience the approach of many different practitioners. Interns at the Midwest College treat a wide range of medical conditions and gain thorough, hands-on experience in acupuncture and the other physical modalities of Oriental healing, such as Tui Na massage, moxibustion, and cupping.

Internship is designed to build knowledge and skills and to fine-tune patient/healer sensitivities. After completing the program, graduates will be confident in their ability as an Oriental Medical Practitioner to address the full spectrum of conditions seen in practice.

The total hours in the Acupuncture program are 2,148 (166.20 credits), and the total hours in the Oriental Medicine program are 2,898(228.30 credits). Additional internship hours, needed for licensure in some states, may be gained by enrolling in extra clinic sessions.

Graduates of the Midwest College's Acupuncture program receive Master's level certification. They are qualified to sit for the examinations for Acupuncture certification given by the National Commission for the Certification of Acupuncture and Oriental Medicine (NCCAOM) and meet the requirements for a license in Illinois, Wisconsin and many other states.

Upon completion of the Oriental Medicine Program, graduates earn a Bachelor of Science degree in Nutrition granted simultaneously with the Master of Science degree in Oriental Medicine. Graduates are qualified to sit for the examinations for Oriental Medicine certification given by the NCCAOM, and meet the requirements for a license in Illinois, Wisconsin, and many other states.

Nutrition and its Importance in the Field of Oriental Medicine

Education at the Midwest College includes a focus on traditional Chinese Nutrition Therapy. There are two aspects to a Chinese Medicine nutritional consultation; the first concerns healthy eating according to a patient's constitutional type, the second is recommendation of foods and recipes for specific disorders. These concepts are taught throughout the program.

The Midwest College's contemporary clinical approach to Chinese nutrition therapy includes updated "energetic" recipes based upon classic medicinal cooking with herbs. These traditional recipes have been selected to be pleasing to the palate so that they will be enjoyed by most patients.

It is not surprising that prospective students of Oriental Medicine are looking for a program where they can gain the skills and knowledge needed to integrate the best known branches of TCM (acupuncture, massage and herbs) with healing foods and recipes in their future professional practice.

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Educational Objectives

Problem Solving and Critical Thinking

Graduates apply problem solving and critical thinking skills to clinical problems in Chinese Medicine. They draw upon their knowledge of TCM theory and therapeutics combined with their understanding of the biosciences in order to solve clinical problems.

Clinical Skills

Graduates obtain appropriate histories and perform skillful, comprehensive and accurate examinations. They develop appropriate differential diagnoses and patient care plans. They use TCM differential diagnosis in making patient care decisions, and apply appropriate modalities in providing patient care. Graduates document and present this patient care information in a clear, concise, and complete manner.

Delivery of Therapeutic Technique

Graduates are proficient in applying the non-invasive and invasive techniques of acupuncture therapy. They demonstrate the psychomotor skills necessary to achieve therapeutic goals.

Use of Information

Graduates are proficient in the identification, acquisition, critical assessment and synthesis of information from literature and clinical research to keep abreast of advances in the field. They are familiar with and use information technology to gather this information.

Communication and Professional Behavior

Graduates demonstrate reliability and effective interpersonal communication in their interactions with patients. They recognize and make decisions in light of the ethical considerations of medical practice. Graduates demonstrate compassion and respect for patients' rights and privacy.



Teaching Chinese Medicine in America

In the mid-1950's, the first modern universities of TCM were founded in China. The mission of these schools was to take the theory and clinical practices of Chinese medicine, apply a scientific approach, and develop a modern educational system. This educational model became the Chinese standard for TCM education.

The core teaching sections are:

- Yin Yang • The Five Phases
- The Five Zang Organs • The Six Fu Organs • The Extraordinary Fu Organs
- Qi • Blood • Body Fluid • The Relationship between Qi, Blood, and Body Fluid
- Basic Concept of the Meridians • Twelve Regular Meridians • Eight Extra Meridians
- Classification and Nomenclature of Acupoints • Methods of Locating Points
- Therapeutic Properties of the Points of the Twelve Meridians and Eight Extra Meridians
- Diagnostic Methods • Looking • Listening • Smelling • Inquiry • Palpation
- Principles of Treatment Strategy
- Therapeutic Methods • Basic Principles for Prescription and Selection of Points
- The Basic Principles for Selection and Prescription of Herbs and Formulas
- Diseases categorized by the Body Systems • Traumatology

Zang fu organ and meridian theory, the basis of Chinese medicine, is a clinical model of the physiological function and pathological changes that affect health and disease in the human body. The essential functions of the meridian system are to transport Qi and blood and to resist the invasion of exogenous pathogenic factors.

This theory has been the guiding principle for clinical practice in TCM in both ancient and modern times. By combining meridian theory with the principles of the zang fu organs, the pathology of disease and corresponding therapeutic principles can be explained in great detail. In this manner, a theoretical basis for the principle of clinical treatment in accordance with the differentiation of signs and symptoms was established.

The Midwest College follows a modern educational model in both classroom and clinic; creating learning experiences that build critical thinking skills based upon classic TCM theory. Educational objectives have been developed, textbooks have been chosen, and workbooks created to best teach the classic academic theory and contemporary clinical practice of Oriental Medicine to today's student in America.





Courses in the Theory of Acupuncture and Oriental Medicine

Courses with the prefix "A" focus on the theories of Acupuncture and Oriental Medicine.

P after the credit/hours is a pre-requisite, and C after the credit/hours is a co-requisite.

A300 Fundamentals of Oriental Medicine Zhong Yi Ji Chu Li Lun 3.6 credits/36 hours

This course is an introduction to the theoretical and philosophical concepts of Oriental Medicine. They include Qi, Yin and Yang, the five phases, the eight principles, and San Jiao metabolism. The history and development of Oriental Medicine from the ancient sources to modern practice are emphasized. This establishes the root from which the student's understanding will grow.

A301 Chinese Medical Pathology 1 Zhong Yi Bin Li Xue 1 3.6 credits/36 hours P A300

This course is a practical study of the internal and external causes of disease within the Chinese medical model. It covers various theories including the six pernicious influences, the seven emotions, eight principle patterns, cold-induced disorders, and warm disease theory. A clear understanding of energetic dysfunction "TCM pathologies" is needed in order to apply the sophisticated system of Oriental Medicine based on sign and symptom patterns.

A302 Chinese Medical Pathology 2 Zhong Yi Bin Li Xue 2 3.6 credits/36 hours P A301

This course is a further study of Eight Principle Theory as it applies to the pathology of the five phases, the Zang Fu organs and the San Jiao. Various dysfunctions of Qi, fluids, blood, jing and shen are covered.

A304 Clinical Foundation / Philosophy 3.6 credits/36 hours

This course starts with orientation to internship with a focus on observation, to prepare students for clinic. After this introduction to internship protocols, policies, and procedures, the course then covers a first introduction to the classic "antique" points and their energetic function.

The moral and ethical principles that are at the core of Asian philosophy are taught in the latter part of the course. The teachings of Lao Tzu, Confucius and Buddha are related in a manner that can be applied in the present day. The influence of these schools and the history of Chinese medicine is stressed.

A310 Point Location 1 Xue Wei 1 3 credits/24 hrs lecture/12 hrs lab P A300

A311 Point Location 2 Xue Wei 2 3 credits/24 hrs lecture/12 hrs lab P A300

Location, energetics, indications, and regional anatomy of fourteen meridians are covered. These courses begin instruction by using charts, models, and finally fellow students as subjects to locate and mark the most important acupuncture points.

A312 Accessory Techniques Fu Zhu Zhi Liao 3.6 credits/36 hours

This course begins with the theory and pathways of the acupuncture channels. After a lecture, students trace the course of the meridians on each other's bodies. Then it proceeds to lectures, demonstrations, and practice in the traditional accessory techniques of Oriental Medicine: moxibustion, guasha, and cupping.



Methodology of the Needle Courses

A skilled acupuncturist can sense the flow of Qi as it is moved and transformed by the insertion and manipulation of the needle.

While this ability takes years to develop, it starts a student's first experiences with needle technique in a practicum class and is then further developed during internship.

Needle technique courses include a review of point function and then a demonstration on the particulars of insertion, such as the angle and depth of the needle. Then students break into teams to practice the points and style of needle insertion assigned each week.

At the Midwest College, needle technique classes are much more than just needling points sequentially along a meridian, or practicing insertion skill without meaning or application. Each class covers point prescriptions and manipulation for an illness or systems of combining points of the main meridians for their energetic effect.

A410 Needle Technique 1 Zhen Fa 1 3 credits/24 hrs lecture/12 hrs lab P A311

At the beginning of the second academic year, students begin developing needle insertion skill. Starting with safety in modern acupuncture, students receive intensive instruction in the techniques of clean needle insertion as approved by current national standards. In this course, students practice needle insertion with combinations of points that would be used in treatment.

A411 Needle Technique 2 Zhen Fa 2 3 credits/24 hrs lecture/12 hrs lab P A410

This course covers practical demonstration and classroom practice in needle technique on the points of the twelve main meridians, as well as many extra points. Students review the anatomical structures through which needles pass at progressive depths of the body. It includes proper insertion, angle, depth, duration, and withdrawal of needles.

The selection of points to be covered in each class has been carefully considered to help students get a sense of treatment. Included are lectures and practice on combining needles with accessory techniques such as electrostim, auricular, plum blossom, sooji chim, etc.

A412 Needle Technique 3 Zhen Fa 3 3.6 credits/36 hours P A411

In this course, students receive a detailed study of acupoint energetics, starting with the meaning of the classical Chinese name. After studying the "antique" points, there is a comprehensive exposition of acupoint combinations; their rationale and clinical application.

A500 Treatment Strategy 1 Zhen Jiu Zhi Liao Xue 1 3.6 credits/36 hours P A402

This is the first in a series of three courses that covers essential methods of diagnostic differentiation and treatment of many biomedically named diseases and their different TCM patterns. Students learn to think about diagnostics and treatment from both an ancient energetic and contemporary biomedical prospective. Students learn how to plan a treatment combining core and adjunct acupoints and the accessory modalities of TCM, and to recommend foods and supplements based on the condition and accompanying complaints for problems they will see in their future practices.

A501 Treatment Strategy 2 Zhen Jiu Zhi Liao Xue 2 3.6 credits/36 hours P A500

This course continues the essential methods of diagnostic differentiation and treatment of many diseases and their TCM patterns, so that students learn to think about diagnostics and treatment using both traditional and modern perspectives. A component of this class is a comparison of treatment of the same disease, but different Zang Fu patterns.

A502 Treatment Strategy 3 Zhen Jiu Zhi Liao Xue 3 3.6 credits/36 hours P A501

This is the last of three courses in Treatment Strategy. Students should now understand the rationale and methodology of selecting and combining acupoints and accessory modalities based on their biomedical disease name and specific TCM Zang Fu pattern. They continue to be encouraged to consult reference texts to offer sound nutritional advice

A600 Clinical Correlations Zhen Jiu Zong He Li Lun 3.6 credits/36 hours P A502

This course is offered at the conclusion of all the TCM theory and treatment strategy courses. Students review the essential knowledge received throughout their education as they prepare for their capstone TCM theory examination.

A603 Evidence Based Practice 3.6 credits/36 hours P A502, D650A, D651

EBP is the integration of clinical expertise, patient values, and the best research evidence into the decision making process for patient care. The best research evidence is usually found in clinically relevant research that has been conducted using sound methodology. This course teaches students how to bring EBP principles into the clinical experience to support their future practice.

Practice Management Curriculum

Applying the tried and true principles of practice management are invaluable in developing a successful career. While practice issues are woven throughout the entire curriculum, these classes, which begins with the prefix "P", focuses on techniques of practice building.

P500 Practice Management1 3.6 credits/36 hours

Topics include office organization, accounting, record-keeping, insurance, and the legal aspects of a practice. State and national regulations and norms regarding the practice of complementary and alternative medicine (CAM) are covered. An important part of this class is learning how to create a realistic business plan in order to start a new practice on a sound financial basis, how to select a location, advertise, and manage patient appointments.

P501 Practice Management 2 3.6 credits/36 hours

This course expands on information taught in Practice Management 1 and also covers resources, devices, and methods required to optimize the acquisition, storage, retrieval, and use of information in health and biomedicine.

Courses in the Biomedical Sciences

Courses that begin with the prefix "B" include all the bioscience classes that are needed to practice Oriental Medicine in this modern world, where sensitivity to energetic flow is combined with the safety and validity of clinical science.

B330 Anatomy 1 Jie Pou Xue 1 4.8 credits/48 hours

This course is an in-depth study of the somatic structure and physiologic function of the human body. There is attention given to the palpatory anatomy that will be needed for Point Location and Needle Technique classes. Charts are good, models are great; but without palpating a human body, anatomy class can be a very dry subject.

B331 Anatomy 2 Jie Pou Xue 2 4.8 credits/48 hours P B330

A continuation of Anatomy 1, this course is an in-depth study of the visceral structure and physiologic function of the human body. It includes an introduction to organ function, physical structure, and biochemical pathways related to micro and macro nutrients.

B332 Neuroanatomy Shen Jing Xue 4.8 credits/48 hours P B331

This course includes topics in neuroanatomy and neurophysiology. Mechanisms of the nervous system are covered as related to the scientific basis of acupuncture and its application to the treatment of disease. Communication skills between acupuncturists and other medical professionals are stressed.

B430 Orthopedic Assessment Gu Shang Xue 3.6 credits/36 hours P B331

This course introduces examination, evaluation, and treatment of orthopedic disorders. The theory and diagnostic evaluation of musculoskeletal conditions is covered.

B431 Biological Chemistry Sheng Wu Hua Xue / Hua Xue 4.8 credits/48 hours

This course is a review of the basic sciences focusing on chemistry, microbiology, and human biology, so that students are prepared with a base of knowledge that will be needed for future classes. Teaching is from standard texts of biochemistry, microbiology, human biology, and nutrition. It includes an overview of the basic structures of organic molecules sufficient to understand the structure of chemical compounds studied in human chemistry. The goal of this course is to prepare students for the courses in physiology, pathology, and other classes in the western clinical sciences.

B432 Physiology Sheng Li Xue 3.6 credits/36 hours P B431

This course provides students with knowledge of the normal biological functions that are a prerequisite to understanding the nature and etiology of disease. Students gain the foundation in western physiology needed to understand the biochemical processes and nutritional needs of the human body related to health and disease. Information in this class is intrinsic to understanding the foundations of nutrition.

B433 Laboratory Interpretation Shi Yan Yi Xue 3.6 credits/36 hours P B432

This course reviews normal values in blood chemistry, urinalysis, hematology, etc. It explains the signs of disease when values are out of the normal range. After this course, practitioners of TCM will be able to communicate with other medical practitioners in an integral approach to care.

B530 Physical Examination Wu Li Zhen Duan Xue 3.6 credits/36 hours P B432

This course includes procedures of physical and neurological examination; providing an understanding of the methods used in making a physical diagnosis. Students are introduced to the fundamentals of physical examination with a comparison of normal and abnormal physiological states, and the indicators of disease. In this class, students will learn when to make appropriate referrals.

B531 Pathology 1 Bing Li Xue 3.6 credits/36 hours P B431, B432

B532 Pathology 2 Bing Li Xue 2 3.6 credits/36 hours P B531

These courses begin with a review of the normal physiological processes and then discuss how these are altered by disease. Discussions on diagnosis, prognosis and intervention in the pathologies of various systems and organs are studied. Students will be able to recognize pathological indicators and biochemical pathways to better correlate the basic science of pathology with physical diagnosis and disorders related to nutrition. There is emphasis on diseases and pre-existing conditions that may affect acupuncture treatment.

B533 Pharmacology Xi Yi Yao Li Xue 3.6 credits/36 hours P B431

This course covers commonly prescribed medications, their origin, nature, properties, and effects. It introduces students to the information that they will need to better understand how medications may relate to and affect treatments. Students will understand the interaction of food and vitamin therapy, as well as herbs and nutritional supplements with pharmaceutical medications. An important outcome of this class is the ability to better communicate with physicians about medications and the overall treatment plan of a patient.

B534 Clinical Medicine Xi Yi Zong He Yi Xue 3.6 credits/36 hours P B532, B533

This course is a review of the bioscience curriculum as it affects diagnostic decision making in an integral approach to care. It will help students prepare for the Bioscience Capstone examination, future practice, and their ability to communicate with other healthcare providers.

B631 Western Nutrition Ying Yang Xue 3.6 credits/36 hours P B534

This course concentrates on the processes involved with taking in and utilizing food substances by which growth, repair, and maintenance of activities in the body are accomplished. This includes ingestion, digestion, absorption, and metabolism, as well as basic nutritional needs and the use of vitamins, minerals, and supplements. This course builds on prior bioscience classes to focus on biomedical nutrition and food therapy. Carbohydrate, lipid, and protein (macronutrient) requirements needed to maintain health at different stages of life is covered. This course moves on to cover the topics of vitamins, minerals, and nutritional supplements that can be used in an acupuncture practice.

Courses in Herbal Medicine

Courses with the prefix "H" are the study of herbal medicine. The Midwest College takes a unique approach to its herb curriculum. Rather than covering all of the required herbs before exploring their use, the following six courses combine materia medica and formulas in a sequence following their principles and functions. In this way, students are much more engaged in the study of the properties of individual herbs and their combinations into formulas in an integrated approach to clinical practice.

During the first five weeks of each quarter students study the function of individual herbs. During the second half of the course students study formulas in the same category of function.

This approach is the culmination of several years of development between the Dean of Herbal Medicine and faculty, with a review of modern approaches in China.



H460 Herbs and Formulas 1 Zhong Yao Xue / Fang Ji Xue 1 4.8 credits/48 hrs P A400
Students must remain simultaneously enrolled in acupuncture theory classes to take any courses in the herbal curriculum unless they are an Acupuncture Program graduate.

Students learn the name, category, function, and visual identification of at least 50 herbs. Temperature, taste, and the meridians affected are taught, along with the Latin and Chinese names for all of the herbs. The methods of preparation, contraindications, herb dosage, and substitutions for endangered species are covered. The nutritive function is included when the herb is also used in food therapy. Other topics including history of herbology, botany, and a review of TCM theory are presented. Students learn the traditional formula name, category, function, composition, modification, and administration of about 25 herbal formulas, both classic and modern. The herbal curriculum also covers prepared Chinese formulas and modern formulas manufactured by American herbal product companies, since many patients prefer the convenience of formulas prepared into tablets, pills, and capsules.

H461 Herbs and Formulas 2 Zhong Yao Xue / Fang Ji Xue 2 4.8 credits/48 hrs P A400
This course continues the study of at least 50 individual herbs and 25 herbal formulas.

H560 Herbs and Formulas 3 Zhong Yao Xue / Fang Ji Xue 3 4.8 credits/48 hrs P A400
This course continues the study of at least 50 individual herbs and 25 herbal formulas.

H561 Herbs and Formulas 4 Zhong Yao Xue / Fang Ji Xue 4 4.8 credits/48 hrs P A400
This course continues the study of at least 50 individual herbs and 25 herbal formulas.

H562 Herbs and Formulas 5 Zhong Yao Xue / Fang Ji Xue 5 4.8 credits/48 hrs P A400
This course continues the study of at least 50 individual herbs and 25 herbal formulas.

H660 Herbs and Formulas 6 Zhong Yao Xue / Fang Ji Xue 6 4.8 credits/48 hrs P A400
This course continues the study of at least 50 individual herbs and 25 herbal formulas.



H661 TCM Nutrition P H660, A600
Zhong Yi Ying Yang Xue 3.6 credits/36 hrs
The famous saying by Sun Simiao sets the tone for this class; "Doctors should first understand the pathogenesis of disease and then treat it with diet." TCM treatment, whether acupuncture, moxibustion or herbs, is enhanced when the treatment principle is supported by healthy eating.

In this course, students will learn how to use Asian and American foods and recipes to maintain health and treat illness.

During internship, interns recommend foods to add and foods to avoid according to the energetic pattern.

H662 Chinese Herb Classics Jing Dian Wen Xian Xue 3.6 credits/36 hours P H660, A600
Study of the TCM Herbal Classics is an important way to deepen understanding and improve the ability to diagnose and treat diseases with herbal formulas. In this class, students learn the theories, diagnostic methods, and treatment of diseases from the Shang Han Lun and Wen Bing. Students learn Six Channel Pattern Identification from the Treatise on Febrile Diseases, and study diseases caused by the damage of heat, including pathogenic factors of the Wei, Qi, Ying, Xue, and San Jiao patterns.

H663 Internal Medicine 1 Zhong Yi Nei Ke Xue 1 4.8 credits/48 hours P H660, A600
This course focuses on treatment strategy based upon traditional and modern Chinese medicine. It is the part of the program where theoretical information is put into clinical context. Syndromes of diseases, based upon classic and modern texts, are covered in detail.

Students learn to choose the appropriate herbal formulas and make nutritional recommendations that best treat the disease or condition. The teacher brings clinical experience and case study discussions, including herbs and food therapy, to these classes.

H664 Herb Clinic Review Zhong Yi Lin Chuang Zhi Liao 3.6 credits/36 hours P H663
This class reviews the knowledge of Materia Medica and formulas learned in previous courses. The instructor will facilitate discussion through a review of problems of the zang organs, patterns, and diseases. Case study discussion facilitates students evaluation of their diagnostic abilities. Students review the essential knowledge received throughout their education as they prepare for their Capstone herbal examination.

H665 Internal Medicine 2 Zhong Yi Nei Ke Xue 2 4.8 credits/48 hours P H663
This course continues the study of herbs and acupuncture in traditional and modern Chinese medicine. Students learn to select herb formulas and make nutritional recommendations for the presenting complaint and pattern. The teacher continues to offer case studies for discussion. Additionally, this class covers advanced treatment strategy for acute and critical care problems.

Directed Learning

Courses with the prefix “D” are directed learning papers.

Directed learning develops and demonstrates a student’s skill in selecting those facts and ideas that are pertinent to the topic and in organizing and documenting the information clearly, logically, and effectively. Each requires a minimum of three months to complete. They further demonstrate the ability to make use of all the library resources in gathering materials, as well as ingenuity in finding other sources yielding additional information. Students must register in the quarter shown on the curriculum outline.

D450 Chinese Medical History

(1.2 credits/36 hours)

This directed learning paper traces the development of Chinese medicine, including the classics, historical figures and periods, and a discussion of important theoretical developments. It gives students a respect for the ancient traditions from which the modern, clinical practice of TCM developed.

D451 Ethics and Counseling

(1.2 credits/36 hours)

This CD-ROM course includes discussion that brings up pertinent issues in healthcare practice and examines the approach taken by a counselor. It focuses on ethical decision-making and the patient/practitioner relationship. It requires an essay and written exam.

Major Paper

D550 Major Paper Proposal (1.2 credits/36 hours)

D551 Major Paper Work Acupuncture P D550 (1.2 credits/36 hours)

D650A Major Paper Completion Acupuncture P D551 (1.2 credits/36 hours)

D650 Major Paper Work Oriental Medicine P D550 (1.2 credits/36 hours)

D651 Major Paper Completion Oriental Medicine P D650 (1.2 credits/36 hours)

All students are required to develop, document, and write a major paper on an academic or clinical topic or a review and analysis of published research or data. Students choose one of the following options and present their proposal to a faculty advisor before beginning. Students in the OM program must include herbs and nutrition as part of their paper.

Academic Paper Option

This option is a scholarly paper focusing on TCM theory and practice. It is compiled from lectures, classroom material, and library research. There must be a formal citation of source material.

Clinical Paper Option

This option builds upon classroom study, academic research, and internship to demonstrate an understanding of the differentiation and treatment of disease in TCM. A clinical paper includes comparative pathology and case presentation in an in-depth study of a clinical specialty.



Clinical Internship Courses with the prefix "I" are clinical internship.

Acupuncture Internship I -340, 341, 342, 440, 441, 442, 540, 541, 542, 543 (2.7 cr /54 hrs)
640A, 641A (3.0 credits/60 hours) Total 660 hours

Oriental Medicine Internship I -340, 341, 342, 440, 441, 442, 540, 541, 542, 543, 544, 640,
641, 642, 643, 644, 645 (2.7 credits/54 hours) Total 918 hours

Clinical Focused Education

Prospective students who choose to attend the Midwest College should be prepared for a rigorous clinic-based educational experience. Students begin to work in the College clinic their very first fall quarter. The program has been designed to take classroom learning, even first year theory, and have students see the clinical application of concepts during their internship activities and experiences.

In order to support the development of clinical competencies, interns work with a number of workbooks through the phases of internship. Internship begins with observation. Then it moves on to intake and diagnosis. It continues with designing and delivering acupuncture treatments and is completed with the diagnostic logic and critical thinking skills needed to create and evaluate a comprehensive treatment plan using all the modalities of TCM.

The clinical program is arranged into three phases for Acupuncture and five phases for Oriental Medicine. Acupuncture students complete a total of 660 hours using acu/moxa therapy. Oriental Medicine students complete 648 hours of acu/moxa internship and then begin integrating herbs and nutrition for an additional 270 hours, for a total of 918 hours.

In Phase 1, interns learn the procedures of clinical intake and physical assessment. They also observe senior interns doing intakes, performing acupuncture, and dispensing herbs. Interns document this phase with the Observation Workbook in which they record their experiences.

In Phase 2, interns deliver acupuncture treatments, perform Tui Na, and use accessory modalities under supervision of clinical faculty. This is documented by completing the TCM 10 Question Intake and Acupuncture Treatment Workbook.

In Phase 3, students develop a treatment plan based on their diagnosis. They complete the Continuity of Care Workbook to document the objectives of this phase. These three phases and workbooks compose the internship portion of the Acupuncture Program.

In Phase 4, interns work closely with their supervisor to develop the skills needed for herbal diagnosis, compounding formulas, and making nutritional recommendations. They begin an Herbal Formula / Nutrition Workbook to be completed over Phases 4 and 5.

In Phase 5, the last phase prior to graduation, students perfect their skill in herbal formula modification and are responsible for making diagnoses and developing treatment plans using all the modalities of TCM; acupuncture, moxibustion, herbs, and TCM nutrition. They complete the Herbal Formula / Nutrition Workbooks.

After completing the internship program at the Midwest College, students have two to three, or more years of intensive experience treating patients. These years of clinical contact, guided by well-experienced supervisors, prepare graduates for the demands and responsibilities of a busy practice.

Clinical Competencies to be Achieved During Internship

Phase 1 Internship Performance Objectives:

- Demonstrates skill in basic Western diagnostic examinations; blood pressure, pulse etc.
- Assists with the operation of the clinic; setup, charting, patient flow, etc.
- Complies with blood-borne pathogen safety
- Takes advantage of observing and participating in pulse, tongue, and palpation exam
- Displays skill in accessory therapy: Tui Na, moxibustion, cupping, etc.
- Displays knowledge of point location consulting texts and charts

Phase 2 Internship Performance Objectives:

- Adheres to clean needle technique
- Demonstrates skill in administering assigned treatments
- Displays skill in reading pulse, tongue and palpatory findings
- Demonstrates ability to insert needles with little or no pain
- Demonstrates ability to interview, eliciting necessary information
- Demonstrates ability in the complete documentation SOAP note process.
- Displays knowledge of point location occasionally consulting texts and charts
- Demonstrates professionalism in attitude/appearance and sensitivity to patient needs
- Demonstrates knowledge of pattern differentiation and selection of point combinations



Phase 3 Internship Performance Objectives:

- Demonstrates ability to accurately and independently arrive at a TCM diagnosis
- Able to independently devise and skillfully administer treatment
- Able to independently construct a treatment plan and evaluate its efficacy
- Demonstrates skill in insertion and manipulation technique
- Completes thorough and accurate documentation: SOAP notes, history, etc.
- Displays accuracy in knowledge of point location without consulting texts and charts
- Demonstrates critical thinking in creation of a comprehensive acupuncture care plan
- Demonstrates awareness of nutrition in health, vitality, and resistance to illness
- Makes appropriate referrals to allied health professionals

Phase 4 Oriental Medicine Internship Performance Objectives:

- Coordinates acupuncture, herb and nutrition therapy
- Compounds and dispenses formulas in an herbal dispensary
- Understands protocol and standards for the management of an herbal dispensary
- Conducts the medical history needed for planning and delivering an herbal treatment
- Acquires and interprets significant clinical information in light of herbal therapy
- Makes nutritional recommendations as an integral part of a patient case plan
- Recommends foods to add and foods to remove based upon TCM energetics

Phase 5 Oriental Medicine Internship Performance Objectives:

- Independently plans and delivers an herbal treatment
- Demonstrates ability to modify a formula for specific circumstances
- Recognizes when to choose patent, prepared, or crude herb formulas
- Makes nutritional recommendations for health promotion, maintenance, and treatment
- Integrates all TCM modalities and nutrition into a comprehensive, holistic treatment plan
- Makes appropriate referrals to allied health professionals

Chinese Herbal Medicine: Ancient Traditions to Contemporary Practice

The five most important of the eight modalities of Traditional Chinese Medicine are acupuncture, moxibustion, Tui Na massage, Chinese herbs, and nutrition.

Many students choose to concentrate their studies on acupuncture, which is the holistic therapy of choice in America. Acupuncture is a valuable healing modality and soul satisfying career. Others choose to complete a curriculum that combines acupuncture and herbs.

For students who choose to study both acupuncture and herbs, the Oriental Medicine Program curriculum covers classic theory and traditional formulas, while highlighting the latest developments in clinical practice.

In the Midwest College student clinics, interns learn to compound raw herbs in the traditional style, where formulas can be modified based upon a patient's unique energetic profile. Interns also learn when to choose prepared medicines from China, as well as tinctures, capsules, or tableted Oriental herb formulas made in the U.S. for the American constitution.

The Midwest College's student clinics offers each intern the opportunity to gain a unique experience that combines acupuncture, nutrition counseling and the principles of traditional Chinese herbal medicine.

The Midwest College can help any student meet the expectations of delivering health care in a powerful and effective style that will reach patients from the fundamental level of balanced nutrition to the subtle level of balanced Qi.

Foreign Internship I 596 (optional)

The Midwest College of Oriental Medicine has been conducting foreign internship trips to China for over twenty years. An announcement will be made when a China trip is being planned.

The Midwest College is affiliated with the Guangzhou University. Our collaboration has allowed us to bring the most recent advances in TCM medical therapy to our educational programs.

Only Midwest College foreign internships are accepted for approved credit. Private or unaccredited foreign study programs are not accepted for credit. Students must have their Midwest College tuition paid up to date before foreign internship credit is accepted. The China internship trip may not cause attendance requirement conflicts with the didactic portion of their education. A maximum of 108 hours of acupuncture clinic may be completed through the Midwest College's foreign study trip.



Faculty

Robin Anderson, M.S.O.M., B.F.A., is a graduate of the University of Wisconsin and the Midwest College. Ms. Anderson is a clinic supervisor. Fostering excitement for this art and mentoring each student to their individual best is Robin's daily contribution. She has dedicated her career to educating people how to live in balance within themselves and their world to promote healing, self-empowerment, and community.

John Burns, D.P.T., M.S., M.S.O.M., B.S., is a graduate of Concordia University with a Doctoral Degree in Physical Therapy. He teaches classes in the bioscience curriculum. John has a great knowledge and appreciation for the physiology of the human body. He views exercise and nutrition as the body's best medicine, and utilizes TCM as a means of providing the public with an improved quality of life.

Robert Chelnick, Ph.D, B.S., is a graduate of University of California. He received his Doctor of Philosophy from the Guangzhou University of Chinese Medicine and is a Licensed Dietitian Nutritionist. Dr. Chelnick directs his faculty in developing a complex understanding of millennial learners, placing students' growing needs and interests as a priority for the continued success of the College and its graduates.

Zhijiang Chen, D.A.O.M., B.Med., received his medical degree from the Beijing University of Chinese Medicine. He teaches the herbal track of the program and is a clinic supervisor.

Daryll Daley, M.S.O.M., B.S., is a graduate of the Midwest College. He teaches practicum classes and is a clinic supervisor. Daryll has been a faculty member since 2007. He has a thriving practice in the Bucktown neighborhood of Chicago in an environment that combines Yoga, Tai chi, and other holistic practices.

Hui Dong, M.S.O.M., is a graduate of the Midwest College. She is a clinic supervisor.

William Dunbar, Ph.D., B.Med., earned his Bachelor of Medicine and Doctor of Philosophy from the Guangzhou University of Chinese Medicine. He also has a Doctorate from the National College of Naprapathy. Dr. Dunbar is a Licensed Dietitian Nutritionist, and is a member the Scholars program at the Harvard-Macy Institute at Harvard Medical School.

From the courses he has attended, he has brought back new innovative approaches to health professions education. His personal interest is in Nutrigenomics; the use of gene sequencing in nutrition practice.

Patricia Engelhardt, Ac.T., is a graduate of the Midwest College. She is a clinic supervisor.

Faculty

Olga Gajdosik, Ph.D., M.S.O.M., B.S.N., received her nursing degree from Alverno College, her Master's from the Midwest College, and Doctor of Philosophy from the Guangzhou University of TCM. Dr. Gajdosik is a clinic supervisor. She is a compassionate and dedicated practitioner of Chinese Medicine and imparts her wisdom as a mentor to students. As Dean of Students she encourages students to follow their passion.

Michael Jamlang, M.S.O.M., B.S.N., is a graduate of the Midwest College and a licensed massage therapist. Mr. Jamlang teaches the Tui Na massage classes and is an assistant in the practicum classes and clinic. Tradition and modernity need not conflict, for they have the same goal: to prevent and cure disease. Michael hopes to reinforce the traditional, preventative nature of Oriental medicine by continuing to make acupuncture an economically affordable plan for patient rehabilitation.

Anne Kuhry, B.Med., B.S., received her B.S. from the University of Wisconsin and her Bachelor of Medicine from the Guangzhou University of TCM. Dr. Kuhry is a clinic supervisor. Dr. Kuhry holds 20 plus years as a TCM practitioner/clinic supervisor/nurse manager for the elderly. Botanical and horticultural prowess is the basis for her mastery of Chinese medicines.

Kris LaPoint, Ph.D., B.Med., M.S.O.M., received her Master's degree from the Midwest College and her Bachelor of Medicine and Doctor of Philosophy from the Guangzhou University of TCM. Dr. LaPoint stresses the importance of continuing education through the enhancements she makes to her own understanding of the field with over twenty years as a TCM practitioner and as a clinic supervisor. Her students are engaged with knowledge of TCM's roots and the changing medical trends that will keep tomorrow's practitioners as flexible as the changing times.

Yichuan Liu, D.A.O.M., B.Med., M.S.O.M., earned her Bachelor of Medicine from the College of Basic Medical Science in Taiwan and her Chinese medical degree from the Nanjing University of Chinese Medicine. She teaches TCM nutrition, philosophy, and herbs, and is an assistant in practicum classes and clinic. Dr. Liu brings classical TCM as well as any new herbal research in the field into the classroom and clinic setting. She strives for more rigorous education to match Chinese programs and aims to fully merge the practices of east and west.

Martina Moore, D.A.O.M., M.S.O.M., B.S.N., is a graduate of the Midwest College. She teaches western and TCM classes with a special emphasis on nutrition, and is a clinic supervisor. Martina imparts the concept that Chinese medicine is lifelong learning. Her goal is to encourage graduates to participate in integrative care. Dr. Moore is also a trainer for the National Acupuncture Detoxification Association (NADA).

Faculty

Mark Severance, Ph.D., D.C., M.S.O.M., earned his Chiropractic degree from the Palmer College of Chiropractic and is a graduate of the Midwest College. He teaches anatomy and physiology 1 & 2, neuroanatomy and biochemistry classes. Dr. Severance fully engages students by presenting real-world problems he has faced treating diseases of the east and west.

Jennifer Rose, M.S.O.M., LPN, earned her nursing degree from West Shore College in Scottville Michigan and her Master's degree from the Midwest College. She teaches TCM didactic courses and is a clinic supervisor. Knowing that the classroom is ever-changing, she has developed a core teaching style that represents her decades of bedside and patient management while adapting different methods of delivery for a more individualized learning experience.

Jennifer Uretz, A.P.N., M.S.O.M., earned her nursing degree from Mercy College of Northwest Ohio, her specialty as a Woman's Health Nurse Practitioner degree from Wisconsin Planned Parenthood, and her Master's degree from the Midwest College. She teaches bio-medicine courses and has developed a core teaching style that represents her decades of bedside and patient management while adapting different methods of delivery for a more individualized learning experience.

Craig Westerlund, Ph.D., B.Med., B.S., received his B.S. degree in health education from Southern Illinois University and his Bachelor of Medicine and Doctor of Philosophy from the Guangzhou Medical University. He teaches practicum classes and is a clinic supervisor. Dr. Westerlund draws on his extensive teaching background to give an individualized learning experience that builds on students' growing enthusiasm for TCM.

Jeannine Westerlund, Ph.D., B.Med., received her Bachelor of Medicine and Doctor of Philosophy from the Guangzhou Medical University. She teaches practicum classes and is a clinic supervisor. Dr. Westerlund has seen her students take positions in the medical field that did not exist when she first started practicing. Under the guidance of MCOM's training Jeannine can tell you firsthand the increasing benefits of studying TCM in the changing world.

Jinhua Xie, Ph.D., M.D., earned his medical degree at Fujian College of Chinese Medicine and Master's and Ph.D in Medicine at the Guangzhou University of Chinese Medicine. He teaches the herbal track of the program and is a clinic supervisor. An education through the Fujian College of Medicine allows him to teach herbal applications with a focused, tactical approach that has proved the tests of time.



Admissions Policy

The Midwest College of Oriental Medicine is interested in candidates who have a strong humanitarian commitment and whose past accomplishments show evidence of originality, creativity, and a capacity for independent, critical thinking. The Admissions Committee values applications from those students who have shown their interest for working in the healthcare environment, or in activities involving the care of others, and in a variety of community services.

In order to become a student at the Midwest College, applicants must meet all admissions requirements. This includes submitting the necessary items listed below and on the application form. Students applying for financial aid must attend an admissions interview regarding financial aid rules and regulations and sign the required financial aid entrance interview form.

Admissions Requirements

1. An Associate Degree from an accredited college or successful completion of at least two years accredited postsecondary education (60 semester or 90 quarter credit hours)
2. Distribution of academic prerequisites for Illinois students for the B.S./M.S. program with less than an Associates Degree:
Math/Physical Science (6 to 8 sem. credits), English/Composition (6 to 8 sem.credits), Social/Behavioral Science (6 to 8 sem. credits), Business/Economics (6 to 8 sem. credits), or their equivalent
Wisconsin students do not need to meet the academic distribution prerequisite
3. Official transcripts from all universities and colleges attended must be sent directly to the admissions office in Racine. The minimum acceptable GPA is 2.5 on a 4.0 scale.
4. Two letters of recommendation
5. Two passport size photos (not mandatory until accepted)
6. Completion of an admissions interview
7. An application with a check for \$315 (fully refundable if admission is denied) (\$65 application fee and \$250 deposit)

Application Deadline

Students entering the Acupuncture or Oriental Medicine program must have their application submitted, all of their documentation on file, and have completed an admissions interview two weeks prior to the beginning of the quarter. Late submission may result in the deferral of acceptance to a later quarter.

Selection of Candidates

Selection is based on previous academic achievement, professional experience, and an admissions interview. During the admissions interview, prospective students are given an opportunity to explain how they became interested in medicine and their vision of their future career in the field of Chinese medicine. The College is looking for applicants who demonstrate the level of commitment, enthusiasm, confidence and maturity needed to build a successful professional practice.

A notice of acceptance or denial will be sent by mail to prospective students who complete the application process and admissions interview.



Out of State Students / Foreign Applicants Living in the U.S.

Interviews may be done by telephone if travel arrangements are difficult. There is moderately priced rental housing available in southern Wisconsin. Students who need help relocating will be assisted by the school. The campus in Racine is 30 minutes from Milwaukee and can be reached from Chicago in just over an hour. Applicants who have completed their studies outside the United States must present all post secondary school credentials. Documents must be authenticated or certified and those not in English must be accompanied by certified translations. Nonresident applicants must meet TOEFL requirements.

International Applicants

In addition to the Admissions Requirements, on page 27, international applicants are required to have their transcripts translated by an official translation service before they can be considered for admission. The official translation and evaluation must clearly indicate hours and credits of study, and that the education is equivalent to a minimum of 60 semester (90 quarter) credit hours. Applicants whose first language is not English must have a minimum score of at least 61 on the Test of English as a Foreign Language (TOEFL) internet based test (iBT) which also requires a minimum speaking exam score of 26 and a minimum listening exam score of 22, or a level 6 on the International English Language Testing System (IELTS) exam. Demonstration of language proficiency during the admissions interview is required for admissions.

The Midwest College will issue an Immigration and Naturalization Service Form I-20 to international students who are accepted into the program, and who have provided the College with a confidential financial statement showing proof of sufficient funds to meet their tuition and living expenses for at least the first year of study in the United States. It is the student's responsibility to obtain an F1 visa to study in the United States. The Student Handbook has more detailed information.

Transfer Credit

Upon request, the Midwest College will evaluate academic work from accredited schools, both in science and TCM, to determine transfer credit. Documentation of course content may be required. There is no charge for transfer credit accepted from accredited schools. Transfer credit will decrease the number of hours of study at the Midwest College, the tuition cost, and eligibility for financial aid, depending on the amount of transfer credit awarded. Transfer credit usually reduces course load, but usually does not reduce the minimum 30 months for Acupuncture or 36 months in Oriental Medicine required for graduation, unless the student is transferring significant hours from an ACAOM accredited or WHO recognized school. All transferring students must attend a minimum of one academic year at the Midwest College. Students transferring from the Midwest College to other schools must consult the other school's Admissions Office regarding transferability of credit. The student handbook contains detailed policy.

Nondiscrimination / Handicapped Policy

School policy is to comply fully with applicable federal and state nondiscrimination and equal opportunity laws, orders, and regulations. The school will not discriminate in its programs and activities against any person because of race, color, religion, sex, national origin, ancestry, age, marital status, handicap, or status as a disabled veteran. This policy applies to admissions, employment, and access in school programs and activities. Individual arrangements for the disabled can be made by contacting the admissions office.

Leave of Absence / Medical Leave

Leaves of absence are limited to a maximum of 180 days, once in any twelve month period, for family emergencies and health problems. An appointment must be made to determine how scheduling, academic progress, and financial aid status is affected. When a LOA is granted, the student must sign a form that will be put in the student's file. Without this completed form, students who discontinue classes beyond the constructive notice of withdrawal policy, explained later, are considered dropped. If a student does not return by the end of the leave, they are considered dropped and must follow the readmissions policy. Students on financial aid should be aware that if they do not return to class, they are retroactively dropped as of the last date of recorded attendance and the loan grace period retroactively begins on the retroactive drop date.

Students with serious health problems may be granted an official Medical Leave. Medical leaves are limited to one year. Students on medical leave must be aware that they are considered withdrawn for financial aid purposes and the grace period for loan repayment will begin immediately. Loan recipients should complete a financial aid exit interview as part of the medical leave process. At the end of the medical leave period the student will be readmitted without reapplication. If a student does not return by the final date on the leave form, they are considered dropped and must follow the readmissions policy.

Institutional Security Policies and Crime Statistics

Institutional security procedures are available as part of the student handbook. Crime statistics for both Racine and Chicago are available. These materials, which will be distributed to all enrolled students, are available to prospective students on request.



Performance Standards

Grade Reports / Academic Progress

Students take midterm and final examinations each quarter. In order to complete the program in the minimum allowed time period of 30 months for Acupuncture or 36 months in the Oriental Medicine program, a student must successfully pass all classes each quarter and complete the internship requirements. Each quarter's grades are posted within fourteen days of the end of the quarter.

The school maintains a cumulative academic record for all students, consisting of individual class grades, attendance, and internship hours. This is updated at the end of each quarter. These records are maintained permanently. In addition to each quarter's grades being posted, an academic report is mailed to students. An appointment with an administrator can be made to discuss any aspects of the record.

Examinations

Midterm exams are given during the 6th week of class and final exams are given during the 12th week. Grading is on a point system, A=4, B=3, C=2, D=1, F=0. For written examinations A=100-90%, B=89-80%, C=79-70%, D=69-60%, F= 59% and lower. A passing grade of A, B or C must be obtained for each test. Practical examinations are given in courses with practicum components. Students are evaluated on their ability to perform techniques taught in class. For practical examinations "A" means outstanding ability to deliver techniques, "B" means above average ability, "C" means adequate ability, "D" means less than adequate, "F" means improper delivery of techniques.

Tutoring / Makeup Work

Private tutoring is available to all students. Appointments are arranged with the teacher or teaching assistant. An hourly fee applies. Required tutoring must be completed and assignments made in class must be submitted to gain credit. Otherwise, a grade of "I", incomplete, will be given. Required tutoring and assignments not submitted must be completed by the second week of the next quarter. While there is a maximum grade of 70% on a retake of failed examinations, there is no restriction on grades for make up work. If required tutoring or assignments are not completed by the second week of the next quarter, the incomplete becomes an "F" and the class must be repeated.

Audit Policy

Alumni and students who have already successfully completed a course are allowed to audit that course by paying a per course audit fee when classes are not at maximum enrollment limit. The audit policy gives graduates the opportunity to repeat a class where the content has changed in the years since their graduation. Audited classes are not for credit and do not apply to financial aid course load requirements.





Satisfactory Academic Progress

Students who miss or fail a midterm or final exam must pass a different version of the exam within two weeks of the date of the exam. If, at the end of the quarter, there are any missed or failed exams or assignments or the 80% attendance requirement (including makeup work) has not been successfully completed, the grade of "I", incomplete, will be assigned. If any elements remain uncompleted at the second week of the next quarter the incomplete "I" will become an "F" and the class must be repeated. The maximum grade for all unexcused makeup or retake exams, either midterms or finals, is 70%. There is no restriction on grades for excused makeup work. Students who fail to pass the class with a score of 70% or higher after the retake will receive a failing grade of "D" or "F" which will be included in the GPA. Students with a failing grade after the retake must repeat the course.

Students may give notification of withdrawal from a class prior to the final examination to receive a "W". A "W" or "I" is not considered for credit, or in the grade point average, but is considered in the rate of completion calculation. Later withdrawals initially receive a grade of "I" which is not considered for credit or in the grade point average, but is considered in the rate of completion calculation. A grade of "I" that is not replaced by a passing grade in a timely manner will be converted to a grade of "F". An "F" is not considered for credit, but is included in the grade point average and in the rate of completion calculation.

Students must complete all graduation requirements in a maximum of 45 months in Acupuncture or 54 months in Oriental Medicine from the initial date of program enrollment. A cumulative grade point average (GPA) of 2.5 must be maintained. If any student drops below the 2.5 they will need to get academic counseling. A cumulative GPA of less than 2.0 will result in a letter of dismissal, with the opportunity to petition to rescind the dismissal. The College does not have a probationary period for poor academic progress. Additionally, for students receiving federal financial aid, after one year of attendance and at the end of each additional year thereafter, a student who has not passed at least 2/3 of all class hours attempted in their program of study will lose federal financial aid eligibility. Since most students begin in the fall and attend in the summer, the 2/3 rate will be calculated after the summer quarter each year for all federal financial aid recipients. There is no probationary period for unsatisfactory grades or an unsatisfactory rate of completion (less than 2/3). Students dismissed or who lose federal financial aid eligibility for unsatisfactory academic progress may petition for reinstatement. The petition should indicate the cause of unsatisfactory academic progress. Individual cases will be reviewed by an academic committee made up of two faculty members and one administrator. The committee will make recommendations regarding reinstatement to the program and for federal financial aid eligibility based on the student's plan to implement a course of action.



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Student Policy

Drug and Alcohol Prevention and Awareness

The Midwest College certifies the availability of a drug abuse prevention program for officers, employees, and students of the institution. Pamphlets describing local counseling services are available upon request. Officers, employees, and students may not engage in the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance. Anyone violating this policy is subject to dismissal.

Conduct / Right Of Dismissal

Policies governing student conduct and activities are based on the premise that each student must be entitled to his or her right to devote school time to studies and learning without distraction. A student is subject to suspension (not to exceed two weeks) or dismissal for conduct which disrupts the teaching or administration of the school or which interferes with the rights of other school members. Failure to adhere to the terms of suspension may lead to dismissal.

Examples of conduct which would be considered unsatisfactory under these standards include disrespectful behavior, dishonesty, failure to comply with school regulations or internship policies or with the directions of school officials acting in performance of their duties, substantiated physical or verbal abuse, meeting the U.S. Department of Education definition of sexual harassment, by any person enrolled at the Midwest College, and theft of or damage to school property or to property in school buildings belonging to any school member. A student may not teach or practice Acupuncture or Oriental Medicine prior to graduation and licensure. A student is not allowed to act as a sales agent for books or merchandise at school without prior permission. Students can request a hearing, by following the College's grievance policy, before any final action is taken.

Student Grievance Policy

If an enrolled student has a concern or complaint they must follow the grievance policy delineated in the Student Handbook. The first course of action is a meeting with the Dean of Students. If this meeting does not resolve the problem, the student should request an arbitration meeting with an administrator to discuss and resolve the complaint. If the student feels that the response was insufficient, they may request a grievance committee hearing. The student's grievance will then be reviewed by a committee made up of an administrator, a faculty member and a student representative. A second right of appeal to the Board of Advisors can be scheduled after a grievance committee meeting. A final appeal can be made to the Accreditation Commission for Acupuncture and Oriental Medicine (952.212.2434), the Wisconsin Educational Approval Board (608.266.1996), or the State of Illinois Board of Higher Education (217.782.2551).



Tuition and Fees

Students at the Midwest college pay \$1053 per course. Having a course cost, instead of a per credit hour cost, helps students with their budgeting instead of having to calculate a varying number of credit hours per class, multiplied by the cost per credit, times the number of courses each quarter to determine each terms tuition cost. This makes it very easy to see each quarter's tuition. The mandatory fees for the program are quite low, with no additional internship charges. If a student has had prior learning in Western Biomedical courses from the health professions or TCM courses at another accredited college then overall tuition can be substantially less.

If you need to access federal student loans consider them an investment in your future. You should not be afraid to take out federal student loans, but you should be smart about it. For financial aid budgeting, nine month (3 quarter) budgets are usually utilized. 85% of the College's graduates for the past four years are confirmed to be practicing acupuncture, and the current default rate is "7%".

The interest rate on federal student loans is almost always lower than that on private loans, and much lower than that on a credit card! You don't have to begin repaying your federal student loans until after you leave college or drop below half-time.

Acupuncture Program (52 courses)

\$1053.00 cost per course

\$16,426.80 academic tuition per academic year (three quarters)+1 quarter @\$5,475.60

\$54,756.00 total academic tuition (ten quarters)

\$1,915.00 mandatory fees (see itemized list below)

\$56,671.00 total minimum program cost including mandatory fees

\$41,667.00 federal guaranteed loans available for those who qualify

\$14,375.00 Pell grants (if eligible)

Oriental Medicine Program (68 courses)

\$1053.00 cost per course

\$17,901.00 academic tuition per academic year (three quarters)

\$71,604.00 total academic tuition (twelve quarters)

\$2,235.00 mandatory fees (see itemized list below)

\$73,839.00 total minimum program cost including mandatory fees

\$82,000.00 federal guaranteed loans available for those who qualify

Mandatory Fees (included as part of the minimum program cost)

\$65.00 application fee (waived if completed during a campus tour)

\$85.00 per qtr. technology fee (the College provides free wireless internet and paperless midterms and finals)

\$75.00 per qtr. malpractice insurance (the College covers each student for malpractice up to 1 million dollars)

\$250.00 graduation fee (does not include cap and gown)

Optional Fees and Charges

\$100.00 transfer credit evaluation (waived during 1st qtr.)

\$90.00 unexcused or retake exam fee

\$50.00 audit fee per course

\$50.00 returned check, declined credit

\$15.00 student I.D.

\$50.00 per hour tutoring, mandatory for failed exams

\$75.00 proficiency exam fee/plus tuition

\$20.00 academic transcript

\$100.00 late payment

\$6,300 foreign internship (estimated cost)

\$.50 per day per overdue book

\$100.00 late registration or class change

\$50.00 late submission

\$25.00 missed exit interview

\$150.00 per quarter graduate extension

\$50.00 submission extension after 2 weeks

\$35.00 transcript expediting (within 3 days)

\$70.00 transcript expediting (same day)

Tuition Schedule

Tuition is due at the time of registration each quarter. Late registration closes at the end of the first day of classes of a new quarter. Individual payment plans with a maximum of three payments per quarter may be arranged, if the prior quarter's payment plans were paid in a timely manner. If by the first day of classes payments have not been made or a completed financial aid application has not been submitted, the \$100 late payment fee will be charged. Students waiting for financial aid approval must follow the tuition policy explained above. Students who do not make scheduled payments will not be allowed to take midterms or finals or given credit for a quarter not fully paid for, and will not be allowed to re-enroll in the next quarter until past due payments are paid. All money received is applied first to past due balances.

Books and Supplies

The total cost of books for the Acupuncture Program is approximately \$1,200 and the cost of books for the Oriental Medicine Program is approximately \$1,750. The cost of supplies in either program is approximately \$500. Per national averages, typical twelve month room and board costs are \$12,660 and transportation costs are \$3,912.

Library Fees

Students who wish to borrow books for up to three weeks must have a current student I.D. card or internship badge. There is a daily overdue library fee. All books must be returned by the last day of the term for inventory and cataloging. If the book is not returned or is returned damaged, the borrower is responsible for 150% of the retail price of the book.

Student Malpractice Insurance

Malpractice insurance is provided for all students enrolled at the Midwest College until the date of graduation. Students are covered in class and clinic under the Midwest College's institutional malpractice policy.



Financial Aid

In order to be considered for financial aid, students must be accepted into either the Acupuncture or Oriental Medicine program before financial aid may be processed. Unless a potential student has received the maximum loan limit for an academic level, borrowed the maximum aggregated loan limit, or defaulted on previous student loans, then all accepted enrolled students are eligible and may apply for federal loans, which are part of financial aid.

Subsidized and Unsubsidized Direct Loans are subject to annual limits and may be used to pay for costs of education in excess of Expected Family Contribution or EFC. Unsubsidized loans can be used to cover each student's Expected Family Contribution. Acupuncture students who have not received a four year post-secondary degree and have a low EFC may be eligible to receive a need-based Federal Pell Grant. The total amount a student is eligible for is determined by the U.S.D.O.E formula based on a student's income.

The process of obtaining financial aid can be time consuming, therefore students must allow sufficient time for processing. To apply for Federal Student Aid, students must complete a Free Application for Federal Student Aid (FAFSA) each year they attend Midwest College of Oriental Medicine. Student borrowers must also complete Entrance Counseling and a Master Promissory Note (MPN). Students waiting for financial aid approval must adhere to the tuition schedule policy detailed on page 36 of this student catalog. Students that have borrowed student loans while attending Midwest College and are not enrolled at least half time, withdraw, or graduate must complete an Exit Interview.

After financial aid has applied to tuition and fees that are assessed each quarter, students have the option to choose for excess credit balance from financial aid to be processed one of two ways: send the money back to the lender thereby reducing the Unsubsidized Loan money borrowed and decreasing interest charges, or students may elect to have a check for the balance sent to the student to be used for educational expenses. This check to the student would be issued within 14 business days after the date loans and/or grants are received, or within 14 calendar days of revocation.



Refund Policy

Prior To Commencement of Classes

All monies paid by the student, including the application fee, will be refunded in full if the student withdraws prior to the first day of classes. Additionally, if a student who was admitted late withdraws after the first day of classes, all monies paid will be refunded in full provided the student cancels within three business days (up to midnight of the third day excluding Saturdays, Sundays, and legal holidays) after the student received final written notice of acceptance or signs the enrollment agreement, whichever occurred last. All refunds will be made within ten business days of any notice of cancellation.

After Commencement of Classes

If a student withdraws prior to the eighth week of class, tuition charged is adjusted based upon the last date of attendance. A notification of withdrawal may be in any form the student wishes to use, whether in writing or orally. It may be delivered in any manner to the school's Racine office. Students who receive financial aid loans must have a financial aid exit interview. Constructive withdrawal is failing to attend classes for ten consecutive scheduled class days based on the student's scheduled days of classes, without providing an explanation to the school administration regarding absences prior to the tenth scheduled class day. The date of constructive withdrawal is the tenth scheduled class day of consecutive absence without explanation.

The last day of attendance is determined for students who withdraw or are dismissed prior to attending all their scheduled classes for the term. The applicable week shown in column A which contains the last day of attendance shall determine the reduction in tuition based on the percentage which is shown in column B. Refunds for students who have paid more than their charges "after any required adjustments" will be made within 14 calendar days of the date of notification of withdrawal, date of constructive withdrawal, or date of dismissal.

In conjunction with determining a reduction for the current term, all prepayment balances which the student asked the school to hold for future terms will also be disbursed to the appropriate party. Refunds on behalf of Federal financial aid recipients must be distributed in the following order: Unsubsidized Stafford, Plus loan, Pell Grant, any other source of aid, the student.

A	B
Week 1	90%
Week 2	80%
Week 3	70%
Week 4	60%
Week 5	50%
Week 6	50%
Week 7	40%
Week 8	0%





Graduation Requirements

The following requirements must be met prior to graduation:

Satisfactory completion of each required class with at least 80% attendance.

A grade point average of 2.0 or better.

All papers must be completed and approved.

All clinical obligations must be fulfilled.

All tuition and fees for the program must be paid in full.

All library books must be returned.

Successful completion of the clinic practical final examination.

Attendance at an exit interview.

Submission and acceptance of a completed Petition to Graduate.

Loan recipients must attend and document a financial aid exit interview.

30 months (Acupuncture) or 36 months (OM) at an ACAOM or WHO recognized college.

Petition to Graduate

After completing all courses and internships, students must call the Racine Campus and request the online Petition to Graduate be started. Administrative staff and financial aid staff must certify that all requirements have been met. A student's graduation date is not automatically the last day of the final quarter, but is the date all academic requirements are completed.

Readmissions Policy

Students who withdraw from the program by giving notification of withdrawal, without an official leave of absence or who have constructively withdrawn, are considered dropped and must be readmitted to the program. If a student chooses to reapply, they must complete all requirements at the time of readmission, including curriculum, tuition, and school policies. Students dismissed for unsatisfactory grades or progress must petition for re-entry into the program. To reinstate financial aid, students must contact the Financial Aid Director.

Students in the tenth quarter of the Acupuncture program or the twelfth quarter of the Oriental Medicine program who do not complete their graduation requirements including all academic and clinical work by the scheduled date of graduation must obtain a written extension of graduation requirements. They then have a maximum of 45 months in Acupuncture or 54 months in Oriental Medicine from their initial date of program enrollment to complete all of their requirements. After this time, they must re-enroll under the latest catalog and are responsible for any changes in academic policies. Students who do not complete their graduation requirements by the scheduled date of graduation and who wish to receive an extension must register each quarter until their requirements are met. If a student is not registered for a class, but is completing work from a previous quarter, they still must register each quarter and pay a graduate extension registration fee.

Advisory Board

John Ballarini, M.S. Ph.D., has a Master's degree in synthetic organic chemistry from Marquette University and a Ph.D. from the Guangzhou University.

Deirdre Burrell, B.S. , L.Ac., Dipl. Ac. NCCA, has a B.S. in Biology from Stillman College. She is past president of the Illinois State Acupuncture Association.

Sidong Chen, M.D., M.A., M.S.M., Dipl.Ac. NCCA, graduated from the Zhanjiang Medical College. He completed his M.S. in Chinese medicine at the Jinan University in Guangzhou.

James Harvitt, M.B.A., L.Ac. is Chairman and CEO of Traditional Learning Centers of America. He is senior clinician for mind/body medicine at LightCare Medical Spa in Chicago. He is a Trustee Emeritus of the Norwegian American Hospital.

William Hourigan, J.D., received his law degree from Loyola University. He has experience related to healthcare and legal issues surrounding the practice of Traditional Chinese Medicine. He is the Chairman of the Board of Advisors.

Chris Krajniak coordinates marketing and new business developments. During his term as Alderman in the City of Milwaukee he was appointed president of the Milwaukee Arts Board and vice-president of the Milwaukee Library Board.

Kris LaPoint, M.B., Ph.D., Dipl. Ac. NCCA, received her Bachelor of Medicine and Doctor of Philosophy from the Guangzhou University. Dr. LaPoint helps foster communication between the Board and other parts of the school community. She acts as a liaison between the College and a number of national organizations.

Jangyul Park, Ph.D., L.Ac., Dipl. Ac. NCCA, is a staff scientist at Argonne National Laboratory. He previously served on the Board of the ACAOM as a commissioner, and the Board of the Korean School of Illinois as a chairperson. Dr. Park graduated from Cornell University with a Ph.D. in materials science.

Governing Board

The corporate governing body of the Midwest College of Oriental Medicine is Acupuncture Center Incorporated.

The corporate directors and sole shareholders are William Dunbar and Robert Chelnick.





Administration

President

William Dunbar

Academic Director

Robert Chelnick

Racine Campus Director

Deirdre Dunbar

Evanston Campus Director

Kris LaPoint

Office Manager

Stephanie Pittman

Registrar

Amy Benish

Financial Aid Director

Elizabeth Hojan

Admissions

Liz Warkentin

Office Assistant

Josef Coia

Accountant

Doug Pittman

Confidential Advisors

Robert Chelnick

Kris LaPoint

Dean of TCM

Jennifer Rose

Dean of Students

Olga Gajdosik

Librarian, Racine

John Ballarini

Librarian, Evanston

Michelle Kopteros

Information Systems Racine

Bill Lehmann

Information Systems Evanston

Yosef Lifshits

SEVIS Officer

Duckin Suh





Library and Information Resources

The mission of the Midwest College's library is to identify and provide information and library resources needed by members of our College community in their study, research, public service, and professional development; to instruct and assist in the use of library resources; to share in the development and implementation of our College's educational programs; and to support the mission of the Midwest College.

Student Services

In addition to helping relocate out-of-state students, the College offers tutoring, library services, and academic counseling. Midwest College is sensitive to the educational needs of adult students, and administrators are available to discuss specific needs as they arise.

Graduate Services

Tool Kits:

- Starter Website – generic template web designer contact.
- Starter pamphlet – free and will assist in customizing template (appointment required)
- Social Media coaching – on all the major social media outlets.
- Free consultation and review of business plan (appointment required)
- Free downloadable PowerPoint acupuncture presentations

Alumni Contact Information and Networking

- midwestcollegealumni.com - list your new practice with us and it will be listed in our alumni section on the website. Stay in contact with fellow students after graduation-network! Alumni Newsletter – featuring graduates and their practices, relevant articles and links, upcoming CEU trainings, job opportunities, etc.
- AddAnAcupuncturist.com – a search site to educate the general public about the services an acupuncturist provides and a search to find available MCOM graduates in the area.
- Links to places where you should list yourself to be found
- Links to organizations that you may want to consider

Employment Advisory Service

The Midwest College does not provide a placement service. It provides instruction in the preparation of a resume and development of a business plan as part of practice management class. Listings of positions and practices for sale are posted on Facebook. Students are also referred to the various websites for career perspectives, potential salaries, and employment opportunities. Not all student referrals are based on direct contact with employers. The Midwest College can not guarantee employment nor income amounts.



Acupuncture Program for credits, hours and prerequisites see course description

Qtr 1 Fall

A300
Fundamentals
of Oriental
Medicine

A312
Accessory
Techniques

A304
Clinical Foundations
& Philosophy

B330
Anatomy 1

I340
Internship

Qtr 2 Winter

A301
Chinese
Medical
Pathology 1

A310
Point
Location 1

A320
Oriental
Massage 1

B331
Anatomy 2

I341
Internship

Qtr3 Spring

A302
Chinese
Medical
Pathology 2

A311
Point
Location 2

A321
Oriental
Massage 2

B332
Neuroanatomy

I342
Internship

Qtr 4 Summer

A400
Chinese
Differential
Diagnosis

A410
Needle
Technique 1

B430
Orthopedic
Assessment

B431
Biological
Chemistry

I440
Internship

Qtr 5 Fall

A401
Eight Principle
Treatment
Strategy

A411
Needle
Technique 2

B432
Physiology

D450
Chinese
Medical History

I441
Internship

Qtr 6 Winter

A402
Clinic
Review

A412
Needle
Technique 3

B433
Laboratory
Interpretation

D451
Ethics and
Counseling

I442
Internship

Qtr 7 Spring

A500
Treatment
Strategy 1

B530
Physical
Examination

B531
Pathology 1

D550
Major Paper
Proposal

I540
Internship

Qtr 8 Summer

A501
Treatment
Strategy 2

B532
Pathology 2

B533
Pharmacology

D551
Major Paper
Work

I541
Internship

Qtr 9 Fall

A502
Treatment
Strategy 3

P500
Practice
Management 1

B531
Western Nutrition

A600
Evidence-based
Practice

D550A
Major Paper
Completion

I542
Internship

I543
Internship

Qtr 10 Winter

A600
Clinical
Correlations

B534
Clinical
Medicine

P501
Practice
Management 2

I540A
Internship

I541A
Internship

Oriental Medicine Program – for credits. Hours and prerequisites see course description.

Qtr 1 Fall	Qtr 2 Winter	Qtr3 Spring	Qtr 4 Summer	Qtr 5 Fall	Qtr 6 Winter
A300 Fundamentals of Oriental Medicine	A301 Chinese Medical Pathology 1	A302 Chinese Medical Pathology 2	A400 Chinese Differential Diagnosis	A401 Light Principle Treatment Strategy	A402 Clinical Review
A310 Accessory Techniques	A310 Pain Location 1	A311 Pain Location 2	A410 Needle Technique 1	A411 Needle Technique 2	A412 Needle Technique 3
A304 Clinical Foundations & Philosophy	A320 Oriental Massage 1	A321 Oriental Massage 2	B430 Gallipolis Assessment	B432 Physiology	B433 Laboratory Interpretation
B330 Anatomy 1	B331 Anatomy 2	B332 Neuroanatomy	B431 Biological Chemistry	D460 Chinese Medical History	D461 Ethics and Counseling
S410 Internship	I341 Internship	I312 Internship	H440 Internship	I411 Internship	I442 Internship

Qtr 7 Spring	Qtr 8 Summer	Qtr 9 Fall	Qtr 10 Winter	Qtr11 Spring	Qtr 12 Summer
A500 Treatment Strategy 1	A501 Treatment Strategy 2	A502 Treatment Strategy 3	A800 Clinical Correlations	H882 Chinese Herb Classics	H884 Herbal Clinical Review
B530 Physical Examination	B532 Pathology 2	B500 Prescribe Management 1	B534 Clinical Medicine	H551 TCM Nutrition	A803 Evidence-based Practice
B531 Pathology 1	B533 Pharmacology	B531 Western Nutrition	P501 Practice Management 2		
D550 Major Paper Proposal	D550 Major Paper Work	D551 Major Paper Completion			
I540 Internship	I541 Internship	I542 Internship	I540 Internship	I542 Internship	I544 Internship
	I542 Internship	I544 Internship	I541 Internship	I543 Internship	I545 Internship
H550 Herbs and Formulas 2	H551 Herbs and Formulas 4	H552 Herbs and Formulas 5	H550 Herbs and Formulas 3	H553 Internal Medicine 1	H555 Internal Medicine 2

Why Choose The Midwest College?

- ❖ Appreciation of Chinese culture
- ❖ Keeping true to classic Chinese medicine
- ❖ Experienced didactic and clinical faculty
- ❖ Diverse student body
- ❖ Sense of community
- ❖ Modern educational methodology
- ❖ Rigorous and engaging curriculum
- ❖ Phenomenal clinical experience

Steps in the Admissions Process

- ❖ Read the catalog
- ❖ Visit the College website
- ❖ Look at the curriculum
- ❖ Look at clinic competencies
- ❖ Look at the schedule
- ❖ Call with questions
- ❖ Sit in on a Saturday class
- ❖ Talk to students
- ❖ Visit the clinic during the week
- ❖ Talk to interns
- ❖ Submit the application form
- ❖ Have transcripts sent
- ❖ Have two letters of recommendation sent
- ❖ Financial aid applicants must return the packet
- ❖ Call for interviews
- ❖ Become part of our community

Call 800.593.2320 to speak to:

Liz Warkentin.....Admissions Director

Amy Benish.....Registrar

Elizabeth Hojan.....Financial Aid Director



Fall 2014

Class begins September 27

Class ends December 19

No class Thanksgiving day

Winter 2015

Class begins January 3

Class ends March 27

Spring 2015

Class begins March 28

Class ends June 26

No class May 23-29

Summer 2015

Class begins June 27

Class ends September 25

No class July 4

No class Sept. 6-Sept. 11

Fall 2016

Class begins September 24

Class ends December 16

No class Thanksgiving day

Winter 2017

Class begins January 7

Class ends March 31

Spring 2017

Class begins April 1

Class ends June 30

No class May 27-June 2

Summer 2017

Class begins July 1

Class ends September 29

No class July 4

No class Sept. 2-Sept. 8

Fall 2015

Class begins October 3

Class ends December 23

No class Thanksgiving day

Winter 2016

Class begins January 2

Class ends March 25

Spring 2016

Class begins March 26

Class ends June 24

No class May 28-June 3

Summer 2016

Class begins June 25

Class ends September 23

No class July 4

No class Sept. 3-Sept. 9

Fall 2017

Class begins September 30

Class ends December 22

No class Thanksgiving day

Winter 2018

Class begins January 6

Class ends March 30

Spring 2018

Class begins March 31

Class ends June 29

No class May 26-June 1

Summer 2018

Class begins June 30

Class ends September 28

No class July 4

No class Sept. 1-Sept. 7





Racine Campus

6232 Bankers Rd, Racine, WI 53403

Phone 800 593-2320 or 262 554-2010

Evanston Campus

1601 Sherman Ave. Suite 300 Evanston, IL 60201

Phone 800 593-2320

Visit our website: www.acupuncture.edu