# WISCONSIN DEPARTMENT OF REGULATION & LICENSING



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STATE OF WISCONSIN BEFORE THE BOARD OF NURSING

IN THE MATTER OF THE DISCIPLINARY

PROCEEDINGS AGAINST

: FINAL DECISION AND ORDER

HEATHER L. FULLERTON, R.N., : LS 0803061 NUR

RESPONDENT. :

[Division of Enforcement Case # 07 NUR 335]

The parties to this action for the purposes of Wis. Stat. § 227.53 are:

Heather L. Fullerton, R.N. 1347 S. 90<sup>th</sup> Street West Allis, WI 53214

Division of Enforcement
Department of Regulation and Licensing
1400 East Washington Avenue
P.O. Box 8935
Madison, WI 53708-8935

Wisconsin Board of Nursing Department of Regulation and Licensing 1400 East Washington Avenue P.O. Box 8935 Madison, WI 53708-8935

#### PROCEDURAL HISTORY

This disciplinary proceeding was commenced by the filing and service of a Complaint and Notice of Hearing on Marc 6, 2008. The parties in this matter agree to the terms and conditions of the attached Stipulation as the final decision of thi matter, subject to the approval of the Board of Nursing. The Board has reviewed this Stipulation and considers it acceptable.

Accordingly, the Board in this matter adopts the attached Stipulation and makes the following:

#### **FINDINGS OF FACT**

- 1. Heather L. Fullerton, R.N., Respondent, date of birth May 26, 1981, is licensed by the Wisconsin Board o Nursing as a registered nurse in the state of Wisconsin pursuant to license number 149716, which was first granted Februar 24, 2005.
- 2. Respondent's last address reported to the Department of Regulation and Licensing is 1347 S. 90<sup>th</sup> Street, Wes Allis, WI 53214.

#### **COUNT I**

- 3. In 2006, Respondent was licensed to practice as a registered nurse in Iowa pursuant to license number 114151. From January 27, 2006 until her employment was terminated on October 26, 2006, Respondent was employed as a registere nurse at Mercy Medical Center (MMC), in Des Moines, Iowa.
- 4. A medication audit was conducted by MMC which revealed that from October 2-9, 2006, Responden repeatedly signed out hydrocodone and oxycodone for one patient that exceeded physician orders. Respondent admitted that she diverted both these medications for her personal use during this time period. Hydrocodone and oxycodone are narcotic analgesics and Schedule II controlled substances.
  - 5. On July 13, 2007, as a result of her conduct, the Iowa Board of Nursing issued a Notice of Hearing, Statement of

Matters Asserted, Settlement Agreement and Final Order (Combined) taking disciplinary action against Respondent. Th Board's Order included the following as discipline, among other things:

- a. Respondent's license to practice as a registered nurse in Iowa is indefinitely suspended pending receipt of a chemical dependency evaluation from a board-approved provider. A recommendation for services will result in continuation of the suspension until appropriate treatment, including related aftercare, has been completed, along with twelve (12) continuous months of sobriety.
- b. Respondent's license to practice nursing in Iowa will be placed on probation for a period of twelve (12) months upon fulfillment of the provisions stated above. During the period of probation:
  - 1) Respondent will contact the case manager immediately upon entering the probation phase of this sanction, and each month thereafter until the probation requirements have been completed.
  - 2) Respondent will obtain case manager approval for each work environment that requires licensure as a nurse or involves direct patient care, and immediately submit a copy of this document to the employer for review. The employer will provide the case manager with a monthly report describing Respondent's activities and level of competence as well as ability to professionally interact with patients and coworkers. Respondent will abide by any work place restrictions imposed by the employer and consistently maintain acceptable standards of performance.
  - 3) Respondent will not use alcohol, deviate from the therapeutic use of prescribed medications, or use illicit drugs.
  - 4) Respondent will immediately report all personal use of prescription medications to the case manager. Written verification must be provided by the prescribing physician or practitioner within ten (10) days from the date the medication was ordered or administered.
  - 5) Respondent will immediately provide body fluid specimens upon request of the case manager, or at the direction of a designee. This requirement may include selection for random testing by an automated notification system authorized by the Board.
  - Respondent will submit to a medical and/or mental health examination, when determined appropriate by the case manager, based on information obtained to verify compliance with the requirements of the consent agreement. The examination is to be accomplished within thirty (30) days from the date of written notification to do so, and must be completed by a board-approved practitioner. Respondent will ensure that an evaluation summary is sent directly to the case manager as soon as it is available.
  - 7) Respondent's practice privileges pursuant to the provisions of the Nurse Licensure Compact are suspended for the duration of this sanction, unless specifically granted by the jurisdictional authority of a remote state.

#### **COUNT II**

- 6. In approximately January 2007, Respondent obtained employment as a registered nurse at Luther Manor, nursing home located in Wauwatosa, Wisconsin. During the application process, Respondent did not disclose that she was the being investigated regarding alleged drug diversion by Iowa licensure authorities.
- 7. Respondent was counseled by her employer concerning poor attendance, failure to appropriately documen medication administration, and suspicious administration of pain medications. Respondent requested a leave of absence due t personal and family issues. Respondent states that her request for a leave went unacknowledged by her employer.
- 8. On September 18, 2007, during a routine check of the contingency cabinet for expiration dates, the Director of Pharmacy at Luther Manor discovered that the following Schedule II controlled substances were missing:
  - a. 10 tablets of Roxicet (contains oxycodone) 5/500mg;
  - b. 10 tablets of oxycodone IR 5 mg;
  - c. 10 tablets of oxycodone ER 10mg; and

- d. 10 tablets of oxycodone ER 20mg.
- 9. Contingency medications are stored in a locked room, inside a locked cabinet and contained inside a locked stee box with a plastic security seal which must be broken when someone enters the steel box. The only persons with access to th contingency supply of medications are the pharmacists and the nursing supervisors. The Director of Pharmacy immediatel notified the nursing home administrator, the director of nursing and assistant director of nursing.
  - 10. An internal investigation was commenced which showed, among other things:
  - a. Between August 28, 2007 and September 18, 2007, several pain medications were taken from the locked cabinet. August 28 was the last time the medications were inventoried and recorded on the contingency medication log by the Luther Manor pharmacist.
  - b. On September 13, 2007, a nursing supervisor took medications for a patient after accessing the medications by key, breaking the safety seal and documenting on the contingency medication log the appropriate medications used.
  - c. On that same day toward the end of her shift, the nursing supervisor requested Respondent, the night shift supervisor who relieved her, to take the log to the pharmacy. By having the log, Respondent would have been able to identify that the safety seal was broken and that it had not been replaced. Respondent was the only other nurse to have the log.
  - d. On September 14, 2007, the Director of Pharmacy contacted the nursing supervisor who completed the log, looking for this documentation. The nursing supervisor contacted Respondent and learned that Respondent had neglected to take the log to the pharmacy.
  - e. Several staff members, including Respondent, were interviewed and asked to take a drug test. All complied except Respondent, citing that she would not pass the test.
  - f. Subsequent investigation revealed multiple instances in which Respondent had documented drugs as wasted. Respondent's documentation included initials of other nurses who purportedly witnessed the wasting, as is required. However, investigation revealed that the initials of the witnessing nurses had been forged and nurses denied witnessing the wasting of the medication.
- 11. On September 18, 2007, Respondent submitted her resignation. Respondent denied taking any medication from the contingency box but admitted to use of an illegal substance in a social setting on the previous Friday. Responder states that she was in an abusive relationship, and her life was out of control.
  - 12. There is no evidence that residents did not receive medications.
  - 13. Respondent has completed an intensive outpatient treatment program to address addiction issues.

#### **CONCLUSIONS OF LAW**

- 1. The Wisconsin Board of Nursing has jurisdiction over this matter pursuant to Wis. Stat. § 441.07 and authority t enter into this stipulated resolution pursuant to Wis. Stat. § 227.44(5).
- 2. Respondent, by having had disciplinary action taken against her Iowa license to practice as a registered nurse by the Iowa Board of Nursing, as set out in Count I above, has committed misconduct or unprofessional conduct as defined by Wis. Adm. Code § N 7.04(7) and is subject to discipline pursuant to Wis. Stat. § 441.07(1)(d).
- 3. Respondent, by obtaining and administering a drug other than in the course of legitimate practice and as otherwis prohibited by law, as set out in Counts I and II above, has committed misconduct and unprofessional conduct as defined b Wis. Admin. Code § N 7.04(2) and is subject to discipline pursuant to Wis. Stat. § 441.07(1)(d).
- 4. Respondent, by her conduct as set out in Counts I and II above, has abused drugs to an extent that such use impairs her ability to safely or reliably practice, as defined by Wis. Admin. Code § N 7.03(2), which subjects Respondent to discipline pursuant to Wis. Stat. § 441.07(1)(c).

#### **ORDER**

NOW, THEREFORE, IT IS HEREBY ORDERED, that the attached Stipulation is accepted.

IT IS FURTHER ORDERED, effective the date of this Order:

#### **SUSPENSION**

- A.1. The license of Heather L. Fullerton, R.N., to practice as a registered nurse in the State of Wisconsin is SUSPENDEl for an indefinite period.
- A.2. The privilege of Heather L. Fullerton, R.N., to practice as a registered nurse in the State of Wisconsin under th authority of another state license pursuant to the Nurse Licensure Compact is also SUSPENDED for an indefinit period.
- A.3. During the pendency of this Order and any subsequent related orders, Respondent may not practice in another sta pursuant to the Nurse Licensure Compact Regulation under the authority of the Wisconsin license, unless Responder receives prior written authorization to do so from both the Wisconsin Board of Nursing and the regulatory board in the other state.
- A.4 Respondent shall mail or physically deliver all indicia of nursing licensure to the Department Monitor within 14 days of the effective date of this Order.
- A.5. Upon a showing by Respondent of continuous, successful compliance for a period of at least five (5) years with the term of this Order, including at least 600 hours of active nursing for every year the suspension is stayed, the Board may grau a petition by the Respondent under paragraph D.4. for return of full licensure.
- A.6. The Board may, on its own motion or at the request of the Department Monitor, grant full licensure at any time.

#### **STAY OF SUSPENSION**

- B.1. The suspension shall not be stayed for the first six (6) months, but any time after six (6) months, the suspension may be stayed upon Respondent petitioning the Board and providing proof, which is determined by the Board or its designee to be sufficient, that Respondent is in compliance with the provisions of Sections C and D of this Order for the most recent three (3) consecutive months.
- B.2. The Board or its designee may, without hearing, remove the stay upon receipt of information that Respondent is i substantial or repeated violation of any provision of Sections C or D of this Order. Repeated violation is defined as th multiple violation of the same provision or violation of more than one provision. The Board may, in conjunction with an removal of any stay, prohibit Respondent for a specified period of time from seeking a reinstatement of the stay unde paragraph B.4.
- B.3. This suspension becomes reinstated immediately upon notice of the removal of the stay being provided to Responder either by:
  - (a) Mailing to Respondent's last-known address provided to the Department of Regulation and Licensing pursuar to Wis. Stat. § 440.11; or
  - (b) Actual notice to Respondent or Respondent's attorney.
- B.4. The Board or its designee may reinstate the stay, if provided with sufficient information that Respondent is in complianc with the Order and that it is appropriate for the stay to be reinstated. Whether to reinstate the stay shall be wholly in the discretion of the Board or its designee.
- B.5. If Respondent requests a hearing on the removal of the stay, a hearing shall be held using the procedures set forth i Wis. Admin. Code ch. RL 2. The hearing shall be held in a timely manner with the evidentiary portion of the hearing being completed within 60 days of receipt of Respondent's request, unless waived by Respondent. Requesting hearing does not stay the suspension during the pendency of the hearing process.

#### **CONDITIONS AND LIMITATIONS**

#### **Treatment Required**

C.1. Respondent shall enter into, and shall continue, in a drug and alcohol treatment program at a treatment facility (Treater acceptable to the Board or its designee. Respondent shall participate in, cooperate with, and follow all treatmen recommended by Treater.

- C.2. Respondent shall immediately provide Treater with a copy of this Final Decision and Order and all other subsequer orders.
- C.3. Treater shall be responsible for coordinating Respondent's rehabilitation, drug monitoring and treatment program a required under the terms of this Order, and shall immediately report any relapse, violation of any of the terms an conditions of this Order, and any suspected unprofessional conduct, to the Department Monitor (See D.1., below). I Treater is unable or unwilling to serve as Treater, Respondent shall immediately seek approval of a successor Treater b the Board or its designee.
- C.4. The rehabilitation program shall include individual and/or group therapy sessions at a frequency to be determined by Treater, but not less than twice per month for the first year. Therapy may end only upon a determination by the Boar or its designee after receiving a petition for modification as required by D.4., below.
- C.5. Treater shall submit formal written reports to the Department Monitor on a quarterly basis, as directed by th Department Monitor. These reports shall assess Respondent's progress in the drug and alcohol treatment program Treater shall report immediately to the Department Monitor any violation or suspected violation of this Order.

#### Releases

C.6. Respondent shall provide and keep on file with Treater, all treatment facilities and personnel, laboratories and collection sites current releases complying with state and federal laws. The releases shall allow the Board, its designee, and an employee of the Department of Regulation and Licensing, Division of Enforcement to: (a) obtain all urine, blood and has specimen screen results and patient health care and treatment records and reports, and (b) discuss the progress of Respondent's treatment and rehabilitation. Copies of these releases shall immediately be filed with the Department Monitor.

## AA/NA Meetings

C.7. Respondent shall attend Narcotics Anonymous and/or Alcoholic Anonymous meetings or an equivalent program for recovering professionals, at the frequency recommended by Treater, but no less than twice per week. Attendance of Respondent at such meetings shall be verified and reported monthly to Treater and the Department Monitor.

#### Sobriety

- C.8. Respondent shall abstain from all personal use of alcohol.
- C.9. Respondent shall abstain from all personal use of controlled substances as defined in Wis. Stat. § 961.01(4), except when prescribed, dispensed or administered by a practitioner for a legitimate medical condition. Respondent shall disclose Respondent's drug and alcohol history and the existence and nature of this Order to the practitioner prior to the practitioner ordering the controlled substance. Respondent shall at the time the controlled substance is ordere immediately sign a release in compliance with state and federal laws authorizing the practitioner to discuss Respondent' treatment with, and provide copies of treatment records to, Treater and the Board or its designee.
- C.10. Respondent shall abstain from all use of over-the-counter medications or other substances which may mas consumption of controlled substances or of alcohol, create false positive screening results, or interfere wit Respondent's treatment and rehabilitation.
- C.11. Respondent shall report all medications and drugs, over-the-counter or prescription, taken by Respondent to Treate and the Department Monitor within 24 hours of ingestion or administration, and shall identify the person or persons wh prescribed, dispensed, administered or ordered said medications or drugs. If Respondent has not provided a release a required by C.9 above, within 24 hours of a request by Treater or the Board or its designee, Respondent shall provid releases in compliance with state and federal laws. The releases shall authorize the person who prescribed, dispensed administered or ordered the medication to discuss Respondent's treatment with, and provide copies of treatment records to, the requester.

## **Drug and Alcohol Screens**

- C.12. Respondent shall enroll and begin participation in a drug and alcohol monitoring program which is approved by th Department pursuant to Wis. Adm. Code § RL 7.11 ("Approved Program"). A list of Approved Programs is available from the Department Monitor.
- C.13. At the time Respondent enrolls in the Approved Program, Respondent shall review all of the rules and procedures mad available by the Approved Program. Failure to comply with all requirements for participation in drug and alcohomonitoring established by the Approved Program is a substantial violation of this Order. The requirements shall include:

- (a.) Contact with the Approved Program as directed on a daily basis, including vacations, weekends and holidays.
- (b.) Production of a urine specimen at a collection site designated by the Approved Program within five (5) hours o notification of a test.
- C.14. The Approved Program shall require the testing of urine specimens at a frequency of not less than 56 times per year, for the first year of this Order. After the first year, the frequency may be reduced only upon a determination by the Boar or its designee after receiving a petition for modification as required by D.4., below.
- C.15. If any urine, blood or hair specimen is positive or suspected positive for any controlled substances or alcohol Respondent shall promptly submit to additional tests or examinations as the Treater or the Board or its designee shall determine to be appropriate to clarify or confirm the positive or suspected positive test results.
- C.16. In addition to any requirement of the Approved Program, the Board or its designee may require Respondent to do an or all of the following: (a) submit additional urine specimens, (b) submit blood, hair or breath specimens, (c) furnish an specimen in a directly witnessed manner.
- C.17. All confirmed positive test results shall be presumed to be valid. Respondent must prove by a preponderance of the evidence an error in collection, testing or other fault in the chain of custody.
- C.18. The Approved Program shall submit information and reports to the Department Monitor in compliance with th requirements of Wis. Adm. Code § RL 7.11.

#### **Practice Limitations**

- C.19. Respondent shall <u>not</u> work as a nurse or other health care provider in a setting in which Respondent has access to controlled substances.
- C.20. Respondent shall practice only under the direct supervision of a licensed nurse or other licensed health care professional approved by the Board or its designee and only in a work setting pre-approved by the Board or its designee Respondent may not work in a home health care, hospice, pool nursing, or agency setting.
- C.21. Respondent shall provide a copy of this Final Decision and Order and all other subsequent orders immediately t supervisory personnel at all settings where Respondent works as a nurse or care giver or provides health care, currently or in the future.
- C.22. It is Respondent's responsibility to arrange for written reports from supervisors to be provided to the Departmen Monitor on a quarterly basis, as directed by the Department Monitor. These reports shall assess Respondent's wor performance, and shall include the number of hours of active nursing practice worked during that quarter.
- C.23. Respondent shall report to the Board any change of employment status, residence, address or telephone number within five (5) days of the date of a change.

#### **MISCELLANEOUS**

#### Department Monitor

D.1. Any requests, petitions, reports and other information required by this Order shall be mailed, e-mailed, faxed o delivered to:

Department Monitor
Wisconsin Department of Regulation and Licensing
Division of Enforcement
1400 East Washington Ave.
P.O. Box 8935
Madison, WI 53708-8935
Fax: (608) 266-2264

Telephone: (608) 267-3817

# Required Reporting by Respondent

D.2. Respondent is responsible for compliance with all of the terms and conditions of this Order, including the timel submission of reports by others. Respondent shall promptly notify the Department Monitor of any failures of th Treater, treatment facility, Approved Program or collection sites to conform to the terms and conditions of this Order Respondent shall promptly notify the Department Monitor of any violations of any of the terms and conditions of thi Order by Respondent. Additionally, every three (3) months the Respondent shall notify the Department Monitor of the

Respondent's compliance with the terms and conditions of the Order, and shall provide the Department Monitor with current address and home telephone number.

# Change of Treater or Approved Program by Board

D.3. If the Board or its designee determines the Treater or Approved Program has performed inadequately or has failed to satisfy the terms and conditions of this Order, the Board or its designee may direct that Respondent continue treatmer and rehabilitation under the direction of another Treater or Approved Program.

#### Petitions for Modification of Limitations or Termination of Order

D.4. Respondent may petition the Board for modification of the terms of this Order or termination, however no such petition for modification shall occur earlier than one year from the date of this Order and no such petition for termination shall occur other than in compliance with paragraph A.3. Any such petition for modification shall be accompanied by written recommendation from Respondent's Treater expressly supporting the specific modifications sought. Denial of petition in whole or in part shall not be considered a denial of a license within the meaning of Wis. Stat. § 227.01(3)(a) and Respondent shall not have a right to any further hearings or proceedings on the denial.

# Costs of Compliance

D.5. Respondent shall be responsible for all costs and expenses incurred in conjunction with the monitoring, screening supervision and any other expenses associated with compliance with the terms of this Order. Being dropped from program for non-payment is a violation of this Order.

# Costs of Proceeding

D.6. Respondent shall pay costs of \$775.00 to the Department of Regulation and Licensing within 180 days of this Order. I the event Respondent fails to timely submit any payment of costs, Respondent's license SHALL BE SUSPENDED without further notice or hearing, until Respondent has complied with the terms of this Order.

# Additional Discipline

D.7. In addition to any other action authorized by this Order or law, violation of any term of this Order may be the basis for separate disciplinary action pursuant to Wis. Stat. § 441.07.

#### Wisconsin Board of Nursing

By: Kathleen Sullivan 6/5/08 A Member of the Board Date

# STATE OF WISCONSIN BEFORE THE BOARD OF NURSING

IN THE MATTER OF THE DISCIPLINARY

PROCEEDINGS AGAINST

: STIPULATION

HEATHER L. FULLERTON, R.N., : LS 0803061 NUR

RESPONDENT.

[Division of Enforcement Case # 07 NUR 335]

It is hereby stipulated and agreed, by and between Heather L. Fullerton, R.N., Respondent; and Sandra L. Nowack attorney for the Complainant, Department of Regulation and Licensing, Division of Enforcement, as follows:

- 1. This Stipulation is entered into as a result of a pending disciplinary proceeding against Respondent's licensure by the Division of Enforcement (file 07 NUR 335). Respondent consents to the resolution of this matter by stipulation and without a hearing.
- 2. Respondent understands that by signing this Stipulation, she voluntarily and knowingly waives her rights, including the right to a hearing on the allegations against her, at which time the state has the burden of proving those allegations by a preponderance of the evidence; the right to confront and cross-examine the witnesses against her; the right to call witnesses of her behalf and to compel their attendance by subpoena; the right to testify herself; the right to file objections to any proposed decision and to present briefs or oral arguments to the officials who are to render the final decision; the right to petition for rehearing; and all other applicable rights afforded to her under the United States Constitution, the Wisconsin Constitution, the Wisconsin Statutes, the Wisconsin Administrative Code, and any other provisions of state or federal law.
  - 3. Respondent has been provided an opportunity to obtain advice of legal counsel prior to signing this Stipulation.
- 4. Respondent agrees to the adoption of the attached Final Decision and Order by the Board. The parties to the Stipulation consent to the entry of the attached Final Decision and Order without further notice, pleading, appearance o consent of the parties. Respondent waives all rights to any appeal of the Board's Order, if adopted in the form as attached.
- 5. If the terms of this Stipulation are not acceptable to the Board, the parties shall not be bound by the contents of this Stipulation, and the matter shall be returned to the Administrative Law Judge for further proceedings. In the event that this Stipulation is not accepted by the Board, the parties agree not to contend that the Board has been prejudiced or biased in any manner by the consideration of this attempted resolution.

member of the Board ever assigned as a case advisor is session, without the presence of Respondent or her attor answering questions that any member of the Board may	the attorney or other agent for the Division of Enforcement and any in this investigation may appear before the Board in open or closed ney, if any, for purposes of speaking in support of this agreement and have in connection with the Board's deliberations on the Stipulation. For the Board should accept this Stipulation and issue the attached Final
7. Respondent is informed that should the Boa public record and will be published in accordance with st	ard adopt this Stipulation, the Board's Final Decision and Order is a tandard Department procedure.
8. The Division of Enforcement joins Respond attached Final Decision and Order.	dent in recommending the Board adopt this Stipulation and issue the
Heather L. Fullerton, R.N. Respondent 1347 S. 90 <sup>th</sup> Street West Allis, WI 53214	Date

Date

Sandra L. Nowack
Attorney for Complainant
Division of Enforcement
Department of Regulation and Licensing
P.O. Box 8935
Madison, WI 53708-8935